

**Parish
News**

Great and Little Maplestead Pebmarsh and Gestingthorpe



Church and Community together
November 2022

Free

Village contacts and information

Reverend Beverley Vincent can be found on page 32 and the churchwardens on page 30.

Village Emergency Telephone Service and Neighbourhood Watch representatives see page 30

Magazine copy see page 32

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Molly's Wood	Jane Postma		https://www.mollyswood.org/contact

Letter from the editor



Hello everyone and welcome to the November issue of Parish News. My apologies for it being slightly late, I have had Covid. Again.

We are now entering a difficult time with energy costs, although oil does not appear to have increased in cost as much as gas, although finding accurate information that can be trusted is difficult and we are still awaiting details of Government help for oil users. Great Maplestead church is providing a warm space and further details can be found on the church services page.

The John Nott Charity have asked us to let you all know that the Pebmarsh allotments are available for people outside Pebmarsh. If anyone is interested, please see the Pebmarsh section.

The cover photo is from my garden. I have been a building site for a long time and a builders bag sat for many years under my oak tree. It was removed last year and the cyclamen that had been squashed came back in abundance. Isn't nature wonderful.

Next month will be the last issue of the year, and my last issue as editor. I have hopes that we may have found a replacement. I will let you know next month.

Contents

Page 2	Village contacts and information
Page 3	Letter from the Editor
Page 4	Letter from our Vicar
Page 5	Bus service
Page 6	Little Maplestead
Page 7	Nature Notes
Page 8-12	Great Maplestead
Page 13	Gardening Corner
Page 16-17	Gestingthorpe
Page 18-20	Pebmarsh
Page 21	A Sunday lunch suggestion
Page 22	Hedingham Heritage Society
Page 23	Rural research
Page 24	Local information
Page 25	Braintree Area Food Bank
Page 26	Local and regional representation
Page 27	Church services
Page 28	Coming up, save the date and the Parish News website

Letter from the Reverend Beverley Vincent

November is often the time in the year when we focus on remembering, for many churches up and down the land the start of November focuses on All Saints; a time to remember loved ones we no longer see and to give thanks for the good times and memories of them.

Just a little way into November, we remember again the ultimate sacrifice made by so many people during the First and Second World Wars and many conflicts since. This remembering is an interesting counterpoint; because no doubt as you read this the shops will be full of Christmas goodies, the organised amongst us will already have bought Christmas cards, and some may already have written them. Excitement for children will already be mounting, and no doubt lists will have been started to be complied.

In a few short weeks, we will be ready to welcome the Christ Child into the manger, but first it's good to remember, It's good to think about and say thank you to so many people, those who have impacted on our lives, some we might have known well and some we might only have heard about in family stories or village tales.

Whenever I walk past a war memorial and see the names engraved into it, I stop and reflect on a name that jumps out at me from the stone, and I ponder on that particular person as I carry on my walk. I wonder what that person's life was like, I wonder how the person lived, how their life was, if they left a wife, sweetheart or family behind.

There are no longer any veterans left from the First World War and there are very few left in the country from the Second, but we must never forget to tell their stories. We need to tell the generations to come, about those who came before and not leave them simply reduced to a name on a memorial.

The bible tells us that all Christians are saints, not just those who are famous in history, and so I am left pondering about us, this present generation. What will our stories be, when the time comes for them to be passed on? At some point in the future we may well be names on a memorial stone. What will people say about us?

Rev'd Beverley



Unlike a conventional bus, you need to first register as a customer and you need to book your seat on a journey at least two hours in advance of travel. Flat fare £2.50 single, £4 return. Concessionary bus passes are accepted after 0900 Monday to Friday and all day on Saturdays.

For more information 01621 874410 or info@essexandsuffolkdart.co.uk.

Sudbury - Gestingthorpe - Pebmarsh - Gt Maplestead - Halstead (Demand Responsive Service) F315

Operator	Monday to Friday (Except Bank Holidays)						Saturday						
	Notes	ARWT STATH	ARWT BOOK STA										
Sudbury, Bus Station (A)		0900	1100	1300	1530	1730	1915	0900	1100	1300	1530	1730	1915
Ballingdon, Strawberry Stores (opp)		0903	1103	1303	1533	1733	1918	0903	1103	1303	1533	1733	1918
Bulmer Tye, Park Lane (adj)		0907	1107	1307	1537	1737	1922	0907	1107	1307	1537	1737	1922
Bulmer, The Street (adj)		0911	1111	1311	1541	1741	1926	0911	1111	1311	1541	1741	1926
Gestingthorpe, Foundry Corner (S-bound)		0917	1117	1317	1547	1747	1932	0917	1117	1317	1547	1747	1932
Wickham St Paul, The Victory (o/s)		0923	1123	1323	1553	1753	1938	0923	1123	1323	1553	1753	1938
Pebmarsh, The Kings Head (o/s)		0932	1132	1332	1602	1802	1947	0932	1132	1332	1602	1802	1947
Pebmarsh, War Memorial (opp)		0933	1133	1333	1603	1803	1948	0933	1133	1333	1603	1803	1948
Little Maplestead, The Cock (W-bound)		0939	1139	1339	1609	1809	1954	0939	1139	1339	1609	1809	1954
Great Maplestead, Church (opp)		0945	1145	1345	1615	1815	2000	0945	1145	1345	1615	1815	2000
Little Maplestead, Little Maplestead Pump (E-bound)		0951	1151	1351	1621	1821	2006	0951	1151	1351	1621	1821	2006
Halstead, High Street (SW-bound)		0956	1156	1356	1626	1826	2011	0956	1156	1356	1626	1826	2011
Sunday													
no service							no service						

NOTES

BOOK Journey must be pre-booked

STA Most times approximate (confirm by booking on 01621 874411, costs apply)

TH Passengers to/from Pebmarsh and Gt. Maplestead must pre-book

OPERATORS

ARWT Arrow Taxis Essex Ltd 01621 855111

Suffolk 01/12/2021

Halstead - Gt Maplestead - Pebmarsh - Gestingthorpe - Sudbury (Demand Responsive Service) F315

Operator	Monday to Friday (Except Bank Holidays)						Saturday						
	Notes	ARWT STATS	ARWT BOOK STA	ARWT STATS	ARWT BOOK STA								
Halstead, High Street (NE-bound)		0730	1000	1200	1400	1630	1830	0730	1000	1200	1400	1630	1830
Little Maplestead, Little Maplestead Pump (W-bound)		0735	1005	1205	1405	1635	1835	0735	1005	1205	1405	1635	1835
Great Maplestead, Church (opp)		0741	1011	1211	1411	1641	1841	0741	1011	1211	1411	1641	1841
Little Maplestead, The Cock (E-bound)		0749	1017	1217	1417	1647	1847	0749	1017	1217	1417	1647	1847
Pebmarsh, War Memorial (opp)		0754	1023	1223	1423	1653	1853	0754	1023	1223	1423	1653	1853
Pebmarsh, The Kings Head (opp)		0755	1024	1224	1424	1654	1854	0755	1024	1224	1424	1654	1854
Wickham St Paul, The Victory (opp)		0804	1033	1233	1433	1703	1903	0804	1033	1233	1433	1703	1903
Gestingthorpe, Foundry Corner (N-bound)		0810	1039	1239	1439	1709	1909	0810	1039	1239	1439	1709	1909
Bulmer, The Street (opp)		0815	1045	1245	1445	1715	1915	0815	1045	1245	1445	1715	1915
Bulmer Tye, Park Lane (opp)		0819	1049	1249	1449	1719	1919	0819	1049	1249	1449	1719	1919
Ballingdon, Strawberry Stores (o/s)		0823	1053	1253	1453	1723	1923	0823	1053	1253	1453	1723	1923
Sudbury, Bus Station (A)		0830	1056	1256	1456	1728	1928	0830	1056	1256	1456	1728	1928
Sunday													
no service							no service						

NOTES

BOOK Journey must be pre-booked

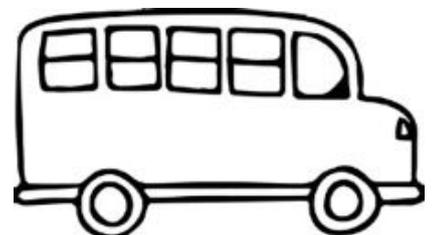
STA Most times approximate (confirm by booking on 01621 874411, costs apply)

TS Passengers to/from Pebmarsh and The Maplesteads must pre-book

OPERATORS

ARWT Arrow Taxis Essex Ltd 01621 855111

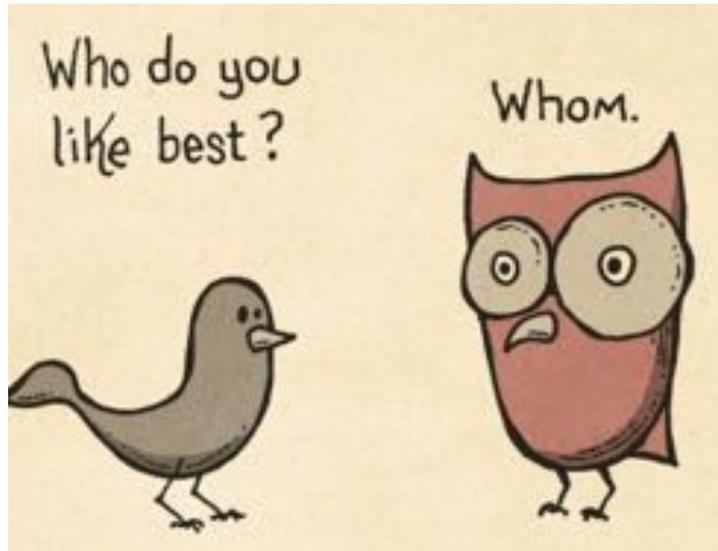
Suffolk 01/12/2021



Little Maplestead

We can collect drugs, search the internet if you do not have a computer, or just be a friendly voice on the other end of the phone. If you or others you know feel may need support please contact one of us.

Please contact Bill Piper on 01787473933, Jane Stone on 01787472525, Gemma Frost on 07826523187



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Nature Notes

Autumn has arrived and fungi are to be seen everywhere. Many organisations run 'fungus forays', where an expert will lead a walk through woodland or meadow identifying species and offering advice on what can be eaten and what should be avoided.



One of the commonest and most attractive mushrooms is the Fly Agaric, *Amanita muscaria*. Up to eight inches in diameter and with a scarlet cap adorned with white pyramidal warts, it is hard to miss. The name comes from the practice in medieval times of breaking the cap into a plate of milk that is put out and fed on by flies, thus rendering them senseless. As you may suspect, this mushroom is poisonous. However, it is also hallucinogenic and an intoxicant, a fact not unnoticed by the Lapps who dry the cap and swallow pieces without chewing. The effects are described as experiencing vivid visions, elation and abundant energy. The Lapps are believed to have learnt the habit by observing their reindeer, who are affected by it in the same way as humans. However, it must be said that this practice is not to be recommended!

Fly Agaric is only one of about three thousand species of larger fungi to be found in Britain. Each one will have a story, although not all as dramatic as *A. muscaria*'s. Mushrooms are the fruit of the fungus, the reproductive part. The main part is below ground or within the body of the decomposing vegetation they are feeding on. They are an integral and essential part of the natural world.

Out and about, late September and early October have been somewhat subdued. Birdsong has disappeared, the summer migrants have departed and the winter visitors are yet to arrive.

A walk in early October was graced by a brilliant Brimstone butterfly; these are the earliest butterflies on the wing in spring, so I was surprised to see one so late. However, a little reading revealed them to be the longest-lived British butterfly; they emerge in early July and fly until late September (mine was the first week of October) before hibernating. With the wings closed they resemble ivy leaves and this is one of the favourite hibernation sites. These adults then re-emerge in spring to mate and lay their eggs (buckthorn is the host plant) from mid-April until July. It is surprising that something so delicate could live for a full year but, having hatched in July, they must survive at least until the following April to mate. There are published records of old, very worn, hibernated specimens on the wing in late July together with freshly emerged examples.



Patch Patroller

Great Maplestead

Great Maplestead Volunteer Network

Just to let you know that the Great Maplestead Coronavirus Volunteer Support Network is still up and running.

If you would like any help please do not hesitate to contact me by phone on 01787 461002 or 07773 627897, or by e-mail at jacqui.mee62@gmail.com

Coffee at St Giles

Please join us for coffee on Wednesday mornings in the Deane Chapel at St Giles' – or outdoors in the churchyard, if it's warm enough. We serve from 10.30am until 12 noon. There is no charge – these are social get-togethers, not fundraisers.

Also, we now serve coffee after our regular services, so please join us if you can.

The Maplesteads' Autumn Show

Following this year's Autumn Show, Carol Brownlie presented Jean and Bill Bowers with a gardening voucher in recognition of their 20 years' service on the Show's committee.

They have always been supportive and enthusiastic members and took great pride with their entries on show day – Jean's prize winning dahlias are legendary!

Sadly Jean and Bill have decided to retire from the committee – they will be sorely missed.

Carol has asked if the cup winners could return their cups to her for engraving.

To contact Carol, ring 01787 461 527 or email carolbrownlie@gmail.com



Save the Date!



Tuesday 27th December

Maplesteads' Christmas Village Walk

More information in the December Magazine

More Great Maplestead

Festive Coffee Morning

St Giles Church Great
Maplestead

FESTIVE COFFEE MORNING

RAFFLE, CAKE STALL, CHRISTMAS DECORATIONS AND
LOTS MORE

SATURDAY 26TH NOVEMBER

10.30AM TO 12.30PM



More Great Maplestead

A Seat With A View

On Wednesday October 12th Tony Hume welcomed relatives and villagers to the interment of his mother Connie's ashes in the St Giles' churchyard grave of his father John.

Connie, who died in March this year aged 96, was one of Great Maplestead's oldest residents; she had lived in the village her entire life and was known to almost everyone.



The committal service was performed by the Rev Beverly Vincent, after which everyone moved to the southern part of the churchyard for her dedication of a beautiful bench, donated by Tony in memory of Connie and John, inscribed with their names flanked by maple leaves.



The location chosen by Tony for the bench offers extensive views of the delightful rolling countryside around the village and it will doubtless be a most sought-after resting place for church visitors, walkers and residents alike.



More Great Maplestead

Great Maplestead Advent Display 2022



This December, parishioners are, once again, invited to create an advent window/festive garden display as part of the village's Christmas celebrations.

If you would like to register a display, please notify the Parish Clerk which date you would like to reveal your design, from 2nd- 24th December, together with your title/theme for your display (eg: Christmas carol/song/film).

A map of where each display is and daily photos will be circulated via village social media channels.

To start off the event, the village Christmas tree, kindly donated by Joe Newton, will be unveiled on **1st December** on the triangle outside St Giles School in Church St. **Light up time 6.00pm**. This is a community tree so do feel free to add your own decoration to those provided by the village elves.

Let's create another visual treat for us all to enjoy as part of the Christmas festivities!

**Clerk contact details: Ann Crisp 01787 460 216
or email: anncrisp@greatmaplesteadpc.co.uk**

Great Maplestead Cost of Living Liaison Group

A reminder that we are holding an informal drop in/coffee morning to share information and ideas that may help with some of the cost of living challenges we all face this winter.

Where? At our community hub in St Giles Church

When? Saturday 5th November

What Time? Any time between 10.00am-12.00pm

We hope you can join us for coffee, cake and a chat!

More Great Maplestead

The Maple Leaves present...

*...an informative, hands-on event in Great
Maplestead Village Hall, run by Jo Green of*

Radiant Beauty

Thursday 3rd November

Starts 7.30pm : Members & Guests welcome

*Jo will be running a beauty workshop, with the
involvement and participation of members and guests,
using her relaxing personalised treatments*

*More information about the remainder of the Maple Leaves' 2022 programme is at:
<https://greatmaplesteadpc.co.uk/parish-information/activities/copy-of-the-maple-leaves/>*



GREAT MAPLESTEAD QUIZ NIGHT

in the Village Hall

Saturday 26th November

Doors open 7.00pm - start 7.30pm

Entry £5 per person; maximum 10 teams; 6 people/team

Please bring your own drinks, glasses and nibbles

**Book your team entries by 19th November
e-mail: avp28@btinternet.com**

All proceeds in aid of the Playing Field Development Project

Gardening Corner

The time of year is upon us when most jobs in the garden involve clearing and weeding, but try and leave your vegetable area until November. If you clear and dig now [and we are still experiencing mild weather] the weeds will grow with vigour. If you do dig it's a good idea to leave the turned over ground in a rough condition so the winter frosts can break down the clods of soil into friable ground which can then be broken up with a fork or spade.

Pick any top fruit before it falls to the ground. Apples and pears can be stored in a cool, dry and frost-free shed but do check on them regularly and place the fruit so it does not touch so as to reduce the likely-hood of mould spreading.

Clear up fallen leaves from lawns and borders where they can smother small, herbaceous plants. Be particularly careful around rose bushes as leaves can harbour black spot; old rose leaves should be put in the recycling bin. Roses can be pruned back to shape them before taking off half this year's growth in November, preventing wind rock.

Next, a few recommended bulbs to plant:

Allium, which are a member of the onion family, give good height to a planting scheme.

Daffodils (or narcissi, to give them their correct name) are now available in a number of variants and heights. Tete-à-Tete are a dwarf type; vibrant yellow, they make a good front to any border. Carlton or King Alfred are really old varieties, they have stood the test of time and make a good backdrop to a planting scheme.

Tulips. Red Riding Hood look good in pots and containers. Some of the large Parrot tulips make a statement when planted in clumps in a herbaceous border.

Hyacinth and crocus are good for random planting in pots and grass areas respectively.

Plant, or shrub of the month, for me has to be Abelia. This hardy shrub is available in a variegated leaf form and has a bright pink flower, a splash of colour in the shorter, autumn days.



The Arborist



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Gestingthorpe

Support in Gestingthorpe

Please if you are self isolating, or scared, or lonely or need any help please contact Carrie on 07872 170277 or Helen on 07793 402297 if you live in the Church Street, Sudbury Road and Nether Hill area and Nic 07908445239, Penny 07840 367172 or Kate 07771 535523 for the Audley End, Moat Street and outlying areas. The village is there to help you.

Gestingthorpe 'Gathering' Coffee Mornings.

Our coffee mornings during November will be held on the Fridays of the 4th and 18th November. All Friday 'gatherings' start at 10am and run until 12 noon.

Funds raised at our coffee mornings usually go towards the upkeep and running of our village hall.

It is great to see so many regulars and some new faces at our 'gatherings' and to hear the buzz and laughter between everyone enjoying a chat with their friends over a hot or cold drink and delicious home baked cakes.

If you haven't yet been to a coffee morning; please come along. We would love to see you and guarantee a warm welcome.

Raise the Roof Party

At the end of September we had a wonderful 'Raise the Roof' party in our village hall to raise funds for the replacement roof which inevitably ran over budget in the summer.

I think all who attended would agree it was a resounding success. It was lovely to see so many people in the hall including a few villagers who have not previous (or recently) attended our fundraising events.

The magician was amazing, the food lovely and the drinks plentiful. I am sure there were a few sore heads in the village the day after as well as sore feet and knees from too much dancing.

For the first time, we ran a cash bar and took payments with a card reader. Both worked well and contributed significantly to our takings. Our profit after costs for the event was £522.68 which will be much needed to help bolster the coffers of the village hall and its ongoing costs.

Please watch out for announcements about future fundraising events.

Skittles

The next skittles evening will be on Wednesday 30th November. at 7.30pm, a lighthearted and fun evening with your friends and fellow villagers. Who will get the first 'Strike' of the new season?

More Gestingthorpe

Gestingthorpe History Group

We are very pleased to be able to welcome back Charlie Haylock to the Gestingthorpe Village Hall on the 26th of November for his latest presentation 'Charlie and "The Dig"'

This is an intriguing and sometimes hilarious look behind-the-scenes in the making of the Netflix film "The Dig" . . . a film based on a novel with the same title about the famous Sutton Hoo burial ship and the people involved.

Charlie will explain how a potential "scam" email from "The Dig" producer, turned out to be real and was followed by a phone call from Ralph Fiennes.

Charlie will show how Ralph Fiennes, who played Basil Brown, and the other "Suffolk" actors learnt their Suffolk accent . . . and not sound like West Country pirates!

Charlie will also explain the extreme lengths Ralph Fiennes took, not only to play Basil Brown . . . but to become Basil Brown.

The talk is both informative and very entertaining.

Tickets are priced at £7 per person to include a glass of wine or soft drink.

Cash payment on the door or tickets can be reserved and paid for by contacting gestingthorpehg@yahoo.co.uk



Pebmarsh

Support in Pebmarsh

Pebmarsh Volunteers continue to be here for you during the pandemic. If you need anything, such as if you're isolating/quarantining and need help to collect prescriptions or with shopping, get in touch with Kate Carling (Phone: 267 924) and she will put you in touch with your village Volunteer.

Pebmarsh allotments.

Just to clarify that the allotments are not restricted to Pebmarsh residents so if you are interested simply email Graham Tufnell at grahamtufnell@btinternet.com.

John Nott Charity.

St John the Baptist Church Pebmarsh Church Wardens

I find myself once again writing the article for the magazine, it seems to come round so quickly and another list of events has happened.

The beautiful colours of autumn have arrived against a backdrop of blue skies and some blustery days. I have to confess it is my favourite time of the year with crisp mornings and vibrant colours appearing all round us changing each day.

Today the Clock repairers are returning so all being well we will have our church clock chiming and telling the right time once again. We know many of you have missed it and the clock face looks so forlorn the same without its hands.

We have welcomed the children, staff and parents of Pebmarsh school to the church for their Harvest Festival service. With 140 of us enjoying poems, prayers and songs performed by the children, and as always, they were very well behaved and did it so well.

Only a few days later we had Annie Blacks thank giving service with her family and friends on a bright sunny day with lovely light streaming into the church and the smell of fresh flowers that hopefully were a reflection of the person she was.

That same week we also had our meeting with the Friends of Pebmarsh Church to discuss the fund raising and projects for the future. I'm hoping we will have positive news soon about the recent grant application to enable us to repair the Church wall next to the Manor house which collapsed some time ago.

The Friends have very kindly offered to help us produce a Christmas card of the church this year. It will be an A5 card in full colour supplied with envelopes for £7.50 for 10 cards.

More Pebmarsh

St John the Baptist Church Pebmarsh Church Wardens

You will be able to purchase these from John Flack on 07768 605590 or email team@friendsofPebmarshchurch.uk or myself on 01787269092 or sarahburgess@btinternet.com. All the money raised will go to the church to help us with the everyday cost of keeping the church open and we thank the friends for the generous support as their normal task is to fund raise for the fabric of the building only.

As mentioned in last month's magazine the Remembrance Service this year will be held at Gestingthorpe on 13th November at 10.45 for all four churches in our benefice and we will hold a Remembrance service at the war memorial in Pebmarsh on the 11th November at 10.45 with a minutes silence at 11am. The school have kindly invited anyone attending to join them for a cup of coffee in the school afterwards. The school will be taking part laying crosses and reading the names of those lost in our village during the first world war.

With Christmas fast approaching we will be organising our Carol Concert to be held at the church with the Long Melford Silver Band on the 11th December at 4pm. We will be filling the church with Christmas light and greenery and the school children will be helping to decorate the tree with Doves of Peace this year. Please mark it in your diary as the church always looks festive and hopefully will get you in the Christmas spirit.

Sarah Burgess. Church Warden

The King's Head Pebmarsh

Upcoming Autumn and Winter Events

Ryan and Cathy are planning a number of community events at the King's Head over the next few months, which we hope will be of interest:

- Quiz Nights: Thursdays: 3 November, 1 December
- Bonfire Night Fireworks, 5 November, "Fury Fireworks" have been booked to provide a fantastic professional display, which Ryan and Cathy are providing free of charge. Starts at 6pm, with firework display at 7pm
- World Cup Football, screening all the Lion's matches, quarter, semis and finals
- Christmas Stalls, 3 December
- Christmas Carols, with Long Melford Brass Band, 16 December
- New Year's Eve, 31 December - food served 12-6pm
Party with "Into the Sun" from 8pm, tickets £15, includes buffet

More Pebmarsh

More the Kings Head Pebmarsh

If you are planning ahead for Christmas, the opening times at the King's Head will be:

- Sunday 25 December - drinks & nibbles 12-3pm
- Monday 26 December - drinks 12-5pm, food served 12-3pm
- Tuesday 27 December - drinks 12-7pm, food served 12-5pm

As always you can find out about events at the pub via www.kingsheadpebmarsh.co.uk or by following the pub on Facebook @kingsheadpebmarsh or Instagram @kingshead_Pebmarsh

Ryan, Cathy and their team look forward to welcoming you!

CHARITY CHRISTMAS CARDS AVAILABLE 1st November

High quality full colour gloss finish with white envelopes

To support Pebmarsh Church

Pack of 10 - A5 size (8.3 x 5.8 Inches)

Only £7.50 per pack of TEN



The Greeting inside says -

Best wishes for a wonderful Christmas and a peaceful New Year

Available in Pebmarsh from Sarah Burgess - Oak Farm, Oak Road 269092

or John Flack, Keepers Cottage The Street 269182 .

A Sunday Lunch Suggestion...

'Easy like Sunday morning' – Jeff's radio alarm clock sprang into life, the gentle chords of the Commodore's classic drifting into Jeff's left ear. As he woke from his slumber and gathered his thoughts, he realised it actually was Sunday morning, and that in less than 4 hours, a group of his friends would be descending on his flat expecting to be fed and watered. That spur-of-the-moment invitation he had sent around last week was now looking somewhat less of a good idea.

Still, credit to Jeff, he'd got himself organised yesterday, ingredients had been purchased and a recipe chosen. Rosie, sitting on the end of the bed staring at him intently, would be proud of him. Holding what looked to be a partly dismembered fluffy reindeer in her mouth, and wagging her tail furiously, Jeff decided that actually Rosie didn't look very proud at all...

Dressed and showered, Jeff gave his appearance a quick appraisal in the full-length mirror – 7 out of 10 he thought. Rosie sat staring at herself in the mirror, '2 out of 10' Jeff said to her, 'and that's being generous'. Rosie wagged her tail furiously; she was delighted to score so highly.

Jeff took the leg of lamb from the fridge, chopped some rosemary and lavender, and reached for the English sambuca. He basted the...hang on a minute... English sambuca I hear you cry? Absolutely!

Copper pot distilled sambuca, the only scratch-distilled sambuca produced in the UK by English Spirit Master Distillers in Great Yeldham. Founded by Dr. John Walters, and with a mission to produce the best spirits and liqueurs possible, they also make the widest collection of spirits in the world.

Back to the story... Lamb successfully basted in sambuca, roast potatoes in the oven and carrots ready for cooking, Jeff was feeling pleased with himself. He knew just before serving he would brush the carrots with Old Salt rum, the first commercially produced rum in the UK, triple distilled in copper pots at English Spirit Distillery.

If you would like to find out more about English Spirit Distillery, the story of John and the brand, take a look at www.englishspirit.uk. It's a fascinating story! Equally, tours – including a tasting experience – are available: phone the friendly staff at Great Yeldham on 01787 237 896 and they will be delighted to help you. They would be very happy to discuss arranging either a private or group tour.

Lastly, just to let you know, Jeff's dinner party was a success – the English toffee vodka liqueur drizzled over ice-cream was always going to be a winner after the sambuca basted lamb...

Mind you, Rosie seemed quite happy with her dismembered fluffy reindeer.

Martin Crisp

Heddingham Heritage Society

Thursday 3 November –
Amphibians and Reptiles

Ray Cranfield, Herpetologist from the Essex Amphibians and Reptile Group, will be talking about our native species, including adders, grass snakes, slow-worms, lizards, frogs, newts and toads.

7.30pm Castle Heddingham Memorial Hall



****Saturday 3 December**** – Our Christmas Social with Tracey's superb food, and musical entertainment from Gareth Buckland and friends.

Tickets available at the November meeting or contact any of the numbers below.

All welcome – £22.50 per head.

7.00pm for 7.30pm Castle Heddingham Memorial Hall



Wednesday 28 December – Christmas Walk in the Heddinghams – more details to follow.

Members: free for all walks and talks

Non-members: £5

All Welcome

Rob Worley 01787 460 664: Trudi Cullum 01787 462 889:

Peter Bayes 01787 469 953

Or reach us at:

heddinghamheritage@gmail.com

www.heddinghamheritage.org



Exploring the experiences of working age people with financial pressures in rural Braintree

Essex County Council is carrying out research to explore the experiences of individuals and households in rural areas of Braintree district, who are having long-term or more recent struggles and financial pressures. We want to talk with a range of working age people (aged 18+ years), including those with and without dependent children, and those with a disability or long-term condition.

Your views will help to understand what these challenges are, and your ideas for improving standards of living. This will help us to develop opportunities for strengthening our response and local support.



“Have your say”

To register your initial interest please scan the QR code, and complete our survey or contact us: research@essex.gov.uk

We will be offering an incentive for those who are involved in the detailed research project.

Register your interest by 21 November 2022.

Essex County Council in partnership with Braintree District Council



Local information

Local Women's Running Group: laurabloom@btinternet.com or on 07801 749802

Local Libraries: Halstead and Sible Hedingham Libraries, libraries.essex.gov.uk.

Four Parishes Book Group: Alison Cantor. 01787 462537 or acantor@linus.plus.com

Sudbury Area Cancer Support Group: Ruth Worsley on ruth-SACSG@outlook.com

The U3A Halstead: u3asites.org.uk/halstead/welcome

The U3A Sudbury: u3asites.org.uk/sudbury/home

U3A Braintree: u3asites.org.uk/braintree/events

Halstead & District Photographic Society: www.halsteadphoto.org.uk

Gestingthorpe History Society: www.gestingthorpehg.co.uk

Community Agents; Community-based support for an ageing population: www.communityagentsessex.org.uk.

The Empire Theatre Halstead: www.empire-theatre.co.uk

Halstead and District Local History Society: www.halsteadhistory.org.uk.

The Hedingham Singers: Bob Lilley on 07790 573435 or www.thehedinghamsingers.com/.

Sudbury Newstalk: www.sudburynewstalk.co.uk or 01787 468535.

Clare Bridge Club: <https://www.bridgewebs.com/clare/>

Hedingham Medical Centre



The Castle Hedingham surgery is triaging all patients so please phone 01787 461465. Do not go to the surgery. The surgery is open from 11.00 - 13.00 and 14.00 - 18.00 Monday to Friday to collect pre-ordered prescriptions. Their website is www.hedmed.co.uk.

From Saturday 1 October 2022, out-of-hours appointments will be available from 6.30pm to 8pm on weekdays, and from 9am to 5pm on Saturdays.

An out-of-hours appointment might not be at your regular GP surgery. When you book an appointment, you will be told where the appointment will be.

Would you like to help make a real difference for people in need this Christmas?



You can do so by building up your own Food Bank Box during November, putting a selected item into it each day

We know it's hard for many more people this year, that's why most of the items listed are small – and if a whole Food Bank box is just too much, why not join in with friends or neighbours, or classmates or work colleagues?

Reverse Advent Calendar – November 2022



Please try and put an item in your own box each day in November
(remember, long use-by dates please and no fresh food – except Christmas cake and Christmas puddings, which usually have long dates)

	1	2	3	4	5	
Stuffing Mix	Cranberry Sauce	Tinned Potatoes	Instant Mash	Christmas Cake		
		(small)				
	6	7	8	9	10	
Christmas Pud (small)	Custard	Nuts/nibbles	Chocolate Biscuits	Christmas chocolates		
	11	12	13	14	15	
Crisps (6-pack)	Chocolate Bars	Long Life Fruit Juice (1L)	Long Life Milk (1L)	Rice		
	16	17	18	19	20	
Packet Soups	Sponge Puddings	Tinned Fruit	Tinned Rice Pudding	Tinned Spaghetti		
	21	22	23	24	25	
Tinned Ready Meals	Tinned Meat	Tinned Tomatoes	Tea Bags (40 if poss)			
		Washing-up Liquid				
	26	27	28	29	30	
Shampoo	Conditioner	Shower Gel	Deodorant	Toothbrushes		

Please can you bring your boxes to The Forge in Lucking Street by **Sunday 4th December** so that Ann & Steve can take them to Halstead Food Bank on Monday 5th December

Local and National Authority Representatives

Essex County Council

Councillor Peter Schwier - cllr.peter.schwier@essex.gov.uk

Braintree District Council

Great and Little Maplestead

Councillor Peter Schwier - cllr.pschwier@braintree.gov.uk

Gestingthorpe

Councillor Wendy Scattergood - cllr.wscattergood@braintree.gov.uk

Pebmarsh

Councillor George Courtauld - cllr.gcourtauld@braintree.gov.uk

Councillor Gabrielle Spray - cllr.gspray@braintree.gov.uk

Westminster

James Cleverly MP - james.cleverly.mp@parliament.uk

Parish Council Websites

Gestingthorpe	www.gestingthorpepc.co.uk
Great Maplestead	www.greatmaplesteadpc.co.uk
Little Maplestead	www.littlemaplesteadpc.co.uk
Pebmarsh	www.parishcouncil.pebmarsh.com

Village Emergency Telephone Service (VETS)

VETS provide support when a defibrillator is required although the first action must be a 999 call. The telephone numbers of the village VETS are:

Little Maplestead 01787 852252

Gestingthorpe 01787 852850

Neighbourhood Watch representatives

Gestingthorpe	Helen Skerratt	01787 237297
Great Maplestead	Ian Johnson	01787 461109
Little Maplestead	Bill Piper	01787 473933

The Churchwardens serving our Benefice are

Great Maplestead	Gill Peskett	01787 462786	gillpeskett43@gmail.com
	Jill Newton	01787 463893	gilliannewton4@gmail.com
Little Maplestead			
Gestingthorpe	Alice Nolda	01787 469688	-
	Peter Nice	01787 460126	peter.427nice@btinternet.com
Pebmarsh	Jim Crayston	07957870340	jim@craystonfarms.co.uk
	Sarah Burgess	01787 269092	sarahburgess@btinternet.com

Church Services in November 2022

Sunday 6 November	9:30 Holy Communion Great Maplestead 9:30 Morning Prayer Gestingthorpe 11am Holy Communion Little Maplestead
Friday 11 November	10:45 Pebmarsh War Memorial
Sunday 13 November	10:45 Remembrance Service Gestingthorpe
Sunday 20 November	9:30 Holy Communion Pebmarsh 9:30 Morning Worship Great Maplestead 11am Holy Communion Gestingthorpe
Wednesday 23 November	10:00 Holy Communion Gestingthorpe
Sunday 27 November	9:30 Holy Communion Great Maplestead 9:30 Morning Prayer Little Maplestead 11:00 Morning Worship Pebmarsh 4pm Advent Evening Prayer Gestingthorpe

Warm Haven

St Giles Church, Great Maplestead.

Winter can be a difficult time for some, it can be isolating with the shorter days and cold weather and this winter with rising costs of energy and food prices. we are also facing financial challenges. In acknowledging these issues St Giles Church will be offering the Tower Room as a warm haven, and all are welcome to make use of this space.

The room will be open during daylight hours, refreshments will be available for you to help yourself, books and magazines will be provided to read or borrow. If you want to bring your laptop or phone to work Wifi is available. Stay for as long as you like, you might meet others there or you might not, either way you are most welcome to use the space as often as you like.

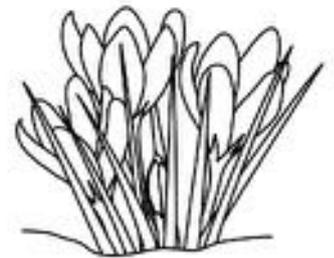
Rev'd Beverley

Coming up and save the date

Wednesday mornings Coffee at St Giles, Great Maplestead
3 November The Maple Leaves - Radiant Beauty Great Maplestead
3 November Quiz Night Kings Head Pebmarsh
4 and 18 November Gestingthorpe Gathering Coffee Mornings
5 November Cost of Living Liaison Group Great Maplestead
5 November Fireworks Kings Head Pebmarsh
26 November Charlie Haylock Gestingthorpe History Society
26 November Festive Coffee Morning Great Maplestead
26 November Quiz Night Great Maplestead
30 November Skittles Gestingthorpe

The Reverend Beverley Vincent

khvicar@gmail.com 07944 200132
The Rectory 01787 460273
Church Street
Great Maplestead
Halstead
CO9 2RG



The copy deadline for the September magazine is **Friday 18 November 2022**

We need to know who, what, where and when

Submit your copy early to guarantee inclusion. Email me or our village reps.

Copy

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Pebmarsh	Luke Brown	07919 375341	lhwbrown@hotmail.co.uk

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Parish News Website

The magazine is available on the Parish News website, which is a gateway to our four villages and their churches. The website address is:

www.knights-hospitallers.org.uk