

Services for July and August 2018

	Gestingthorpe	Great Maplestead	Little Maplestead	Pebmarsh
Sunday 1 July	9.30am Holy Communion	6.30pm Evensong	11am Holy Communion	
Sunday 8 July	4pm Compline	9.30am Holy Communion		11am Holy Communion
Sunday 15 July	11am Morning Prayer	11am Holy Communion	9.30am Holy Communion	
Sunday 22 July	8.15am Holy Communion	11am Family Service	10am Morning Prayer	9.30am Holy Communion
Sunday 29 July	3pm Lammas Service, Hill Farm	Team Service 10am Earls Colne		
Sunday 5 August	9.30am Holy Communion	6.30pm Evensong	11am Holy Communion	
Sunday 12 August	4pm Compline	9.30am Holy Communion		11am Holy Communion
Sunday 19 August	11am Morning Prayer	11am Holy Communion	9.30am Holy Communion	
Sunday 26 August	8.15am Holy Communion	11am Family Service	10am Morning Prayer	9.30am Holy Communion
Sunday 2 September	9.30am Holy Communion	6.30pm Evensong	11am Holy Communion	

Dates for the Diary

Wednesday 11th July Deanery Synod

Tuesday 21st August Gt. Maplestead PCC

Wednesday 22nd August Gestingthorpe PCC

Wednesday 5th September Lt. Maplestead PCC

Saturday 8th September Ride and Stride

Thank you for the **Silver Band Service** in Pebmarsh. I know it was a busy week-end in Pebmarsh and not everyone could go to everything but it was a really cheerful atmosphere and the band played beautifully.

We also want to thank Ashley Cooper, our host for our **Lammas Service** on the 29 July at 3pm. at Hill Farm

All welcome, please come.

This magazine is available electronically on
www.knights-hospitallers.org.uk
 and on the parish council web sites

**Parish
News**

Great and Little Maplestead Pebmarsh and Gestingthorpe



Church and Community together
July and August 2018

Free

Village contacts and information

Neighbourhood watch representatives, see page 26

Reverend Gay Ellis and the churchwardens see page 25.

Magazine copy and deliveries see page 27



Parish Clerks

Gt Maplestead	Ann Crisp	01787 460216	anncrisp@greatmaplesteadpc.co.uk
Lt Maplestead	Ann Harris	01787 462818	littlemaplesteadparishclerk@gmail.com
Gestingthorpe	Frances Wells	01787 379606	gestingthorpepc@gmail.com
Pebmarsh	Philippa Potter	07790 598363	pebmarshpc@hotmail.com

The Maplesteads

WI	Carol Brownlie	01787 461527	carolbrownlie@gmail.com
WEA	Jill Newton	01787 463893	gilliannnewton4@gmail.com
Autumn Show	Carol Brownlie	01787 461527	carolbrownlie@gmail.com

Gt Maplestead

Task Force	Martin Elms	01787 461421	martinelms@greatmaplesteadpc.co.uk
Village Hall	Liz Newton	01787 461308	lizatlucking@hotmail.com
Playing Field	Joe Newton	01787 461308	lizatlucking@hotmail.com
Mixed Ability Yoga	Victoria Ashworth	07751 911923	justinashworth@hotmail.co.uk
Pilates	Catherine Pawsey	07814 459683	catherinepawseypilates@gmail.com
Dance & Keep Fit	Judy Cowell	01376 561757	judy.cowell@btinternet.com
Carpet Bowls	Janice Chaplin	01787 469600	bobandjanicechaplin@btinternet.com
Youth Club	Myra Jeggo	01787 474285	m.jeggo@sky.com

Gestingthorpe

Village Hall	Sharon Flannery	07873 238095	
Village amenities	Nick Duncan	01787 313558	
Tower bell ringing	Valerie Fullman	01787 462755	
Cricket Club	Nick Duncan	01787 313558	
Football Club			
History Society	Gill Webb	01787 581836	gillwebb008@gmail.com

Pebmarsh

Village Hall	Jonathan Nott	01787 269231	jonathannott44@hotmail.com
Dog Training	Halstead Dog Club	01787 473154	halsteaddogclub@hotmail.co.uk
Card making	Pauline Andow	01787 269273	
Ladies Club	Pauline Andow	01787 269273	
	Sandra Beaney	01787 222220	
Carpet bowls	Jim Crayston	01787 222241	jim@craystonfarms.co.uk
Youth club	Carol Parker	01787 269996	taximother@googlemail.com
	Susan Rawlinson	01255 815205	

Footpaths

Gt Maplestead	Steve Harris	01787 462818	steve198harris@gmail.com
Lt Maplestead	Geraldine Holloway	01787 476530	geraldineholloway2017@gmail.com
Gestingthorpe	L Crumpton-Taylor	01787 460277	leslie@crumpton-taylor.entadsl.com
Pebmarsh	Michael Sharp	07725 909986	michael@broomhills-farm.co.uk

All villages

Book Club	Alison Cantor	01787 462537	acantor@linus.plus.com
Knitting group	Carol Brownlie	01787 461527	carolbrownlie@gmail.com
Handbell Ringing	Wendy Jones	01787 469049	wendy.jones14@btopenworld.com
Solar Society	Miles Scrivens	01787 469766	lauri.scrivens@gmail.com
Benefice Choir	Gill Peskett	01787 462786	gillpeskett43@gmail.com
Scouts	Stuart Carter	01787 461149	
Guides	Kathy Hoy	01787 280200	
Molly's Wood	Jane Postma		https://www.mollyswood.org/contact

July and August dates for your diary

1 July	2pm	Cricket home	Gestingthorpe
4 July	7pm	Youth Club	Great Maplestead
4 July	7pm	Carpet Bowls	Pebmarsh
5 July	-	Quiz Kings Head	Pebmarsh
5 July	-	Channel sweeping	Gestingthorpe
5 July	7pm	WI	Great Maplestead
8 July	2pm	Cricket home	Gestingthorpe
14 July	10am	Litter Picking	Gestingthorpe
15 July	2pm	Cricket home - Charity Match	Gestingthorpe
21 July	9.30pm	Repair Cafe	Halstead
22 July	2pm	Cricket away	Gestingthorpe
22 July	11.30am	Open Day	Easton Lodge
24 July	7.30pm	Tuesday Talk	Gestingthorpe
29 July	3pm	Lammas Service	Hill Farm
1 August	7pm	Carpet Bowls	Pebmarsh
2 August	-	Quiz Kings Head	Pebmarsh

Parish News is printed by

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The copy deadline for the September magazine is

Friday 17 August 2018

We need to know who, what, where and when

Submit your copy early to guarantee inclusion. Email me or our village rep's.

Copy

Editor	Jenny Bishop	01787 472159	pmeditor@icloud.com
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Little Maplestead	Beverley Bratley	01787 473281	beverley.bratley@gmail.com
Pebmarsh	Jan Bond	01787269082	thebonds.copperfield@btinternet.com

Neighbourhood Watch representatives

Gestingthorpe	Helen Skerratt	01787 237297
Great Maplestead	Ian Johnson	01787 461109
Little Maplestead	Bill Piper	01787 473933

Hire of Great Maplestead, Pebmarsh and Gestingthorpe Village Halls

Each of our village halls is available for hire for all types of functions. In Pebmarsh, tables and chairs can also be hired. For full details of the facilities available in each location, rates, and conditions of hire, booking forms etc.

Please contact the relevant booking secretary

Great Maplestead	Liz Newton	01787 461308
Pebmarsh	Christine Nott	01787 269231
Gestingthorpe	Sharon Flannery	07873 238095

The Churchwardens serving our Benefice are

Great	Gill Peskett	01787 462786	gillpeskett43@gmail.com
Maplestead	Jill Newton	01787 463893	gilliannewton4@gmail.com
Little	Jane Piper	01787 473933	jane-piper@hotmail.co.uk
Maplestead	Karen Sunnucks	01787 472145	
Gestingthorpe	Alice Nolda	01787 469688	-
	Peter Nice	01787 460126	peter.427nice@btinternet.com
Pebmarsh	Belynda Fellows	01787 269986	

Would you like a lift to church?

If you would like to attend any of the church services in the Benefice but have no transport please feel free to approach one of the churchwardens who will be happy to arrange it for you. Service times are shown on the back cover and Churchwardens are shown above.

The Reverend Gay Ellis

Email	gayellis@aol.com
Phone	01787 460273
Mobile	07749 838769
Website	www.knights-hospitallers.org.uk
Twitter	@knightsparishes
Facebook	Knights Hospitallers Parishes Little Maplestead Church Gestingthorpe Church Pebmarsh Church

Letter from the editor

Just a short letter from me this month, mainly to wish you all a great summer, take some great photographs and send them to the magazine. Your cover needs you.

More importantly, particularly for Pebmarsh, please read the letter below from our Vicar the Rev'd Gay Ellis and the Pebmarsh article on defibrillators.

Jenny



Dear residents of Pebmarsh, I have never written an article like this before but now find that I need to. I think Pebmarsh is a lovely parish; it has a really good community feel to it and the people are friendly and caring. You have done a wonderful job in getting the Community Pub up and running, and it has made a lot of difference to the lives of both local people and those who visit our parish. I now need to ask for your help. The church is a lovely old building and is a part of the village history, but it is also part of the history of many of the families who have, or do live in Pebmarsh, evoking memories of being there for weddings or funerals, or baptisms. Perhaps people in your family are shown in the wedding, baptism or funeral registers. If I asked you how much it costs to run the church weekly, I wonder what you would say? The church has housekeeping costs like any other building in the village. The cost of running the church is approximately £1,140 per month, but our monthly income is only approximately £560.

You don't have to be a mathematician to realise we don't have enough income to pay our normal bills, heating, insurance, alarms, ministry etc let alone maintain the building which we do by trying to get grants.

What I am asking is, could you as people living in the village give a standing order for a pound or two per week or a small amount per month. You don't have to come to church to support the church. We have economised as much as we can. If we could all give the cost of a drink in the pub, whatever your taste is, beer or wine, or even a soft drink, per week, we could pay our bills without this terrible worry. Can you help? I do hope you can? I do hope so, thank you for reading this article. God bless.

The bank details are as follows:

Sort code 209740 Account number 80695424

Unlike that drink in the pub, if you pay tax we can increase your gift by claiming back Gift Aid.

Gay Ellis, the Vicar.

Letter from the Rectory

The Flower Festival in Little Maplestead is coming. I know it is not until the last week of September but as this magazine issue is for July and August, I wanted to mention the Flower Festival now, not only to get dates in your diary but to bring you up to date with the event.

This year the Flower Festival theme is all about the crops growing in the fields around our parishes and the flower festival timing is part of British Food Fortnight. The Festival is on Saturday 29th September and Sunday the 30th, so put the dates in your diary please and bring your friends. On this Saturday we not only have the Flower Festival but we also have the Ploughing Match happening at Little Maplestead hall, so it's a wonderful opportunity to combine the two events into one for really good day out.

Also, as part of the British Food Fortnight, we are taking part in the National Harvest Event which start with a flame (a bit like the Olympic touch) that tours the country. The flame starts the tour by leaving Little Maplestead on Saturday 29 September at 9.30am, goes on to Chelmsford and then Ely and then beyond.

We shall also be having displays of local food and drink producers and examples of what they do.

So it is going to be a week-end of wonderful flowers with 27 wonderful large arrangements displayed in our unique round church, plus all the other events mentioned above. People are working hard to produce this events and NFU and local businesses are helping alongside the army of wonderful flower arrangers who are planning and preparing their own arrangements.



There will also be the usual teams of people doing the refreshments, putting up the tents, moving the furniture, putting up the advertising posters. Can you also promote this to lots of other people. In August we shall have leaflets in church, so if you are member of any group or know where any could be displayed, please do pop into church and take a leaflet and please do put the date in your own diaries as we need to see you there if at all possible.

Many thanks.

Gay & Nick



Fancy a cup of coffee and a chat?

Come to the Tower Room in

St Giles Church, Great Maplestead

Open every Wednesday Morning 10.30am to 12noon

No charge, this is a social get together, not a fund raiser

Everyone is welcome - for more details please ring

Dorothy on 01787 829963 or Gill on 01787 462786



This old key was found in Little Maplestead church yard during some recent clearance work. All the old locks were checked but it did not fit any of them.

Robert Boulton mentioned it to Peter Cook who was able to solve this "Maplestead mystery".

Peter Cook's Father Cecil Cook , who was born at Leppingwells Farm in 1919, was in the church choir with about a dozen other boys.

One Sunday the key to the church door went missing and they all searched for it.

It was never found and Peter's Dad used to recall the Church was never locked for the next twenty years!

Sadly none of those choirboys are with us now but I'm sure they would have been delighted to hear that the hunt is finally over.



Entries from the Registers

Baptisms

3rd June

Pebmarsh

Edward Richard Sharp

Sudbury Area Cancer Support Group

4th Thursday, 7-9pm, The Christopher Centre, 10 Gainsborough Street, Sudbury, CO10 2EU.

2nd Friday, Cafe Club, 12-2pm, The Loft, 3 Gaol Lane, Sudbury CO10 1JL.

For more information, contact Ruth Worsley on ruth-SACSG@outlook.com.

Summer Crime Prevention Advice

During the summer months we see a rise in the number of “Creepers Burglaries” where burglars take advantage of open gates, and windows and doors left open for ventilation or that you forgot to close. Check the simple things:-

1. **Parked cars** – Don’t leave property on display in the car. Are the windows shut and doors locked (don’t assume that by pressing the button on the remote it is locked, try the handle too)?
2. Don’t leave unattended pedal cycles insecure and out the front.
3. **Side gate shut** and locked, sheds and garages secure?
4. **Doors** closed and locked? Don’t forget on that with a PVCu multi-locking door you may have lifted the handle but until you turn the key or thumb turn on the inside you have not locked all the locks in place.
5. **Windows** - lift the blinds or open the curtains and check they are closed, the sun may have been on the TV and it was hot, so they were drawn with the window open. Make sure in case of fire that keys to windows and doors are readily accessible to occupants but not in view of possible burglars.
6. If you have an **intruder alarm** activate when going out and activate the zone for the unoccupied area whilst in.
7. **Car keys** - don’t take them to bed with you, where possible leave them in noisy drawer/location. Keep the keyless fob in a “Faraday” bag.
8. If you do hear a suspicious noise in the house that you are not happy with **dial 999** and make a noise, shout out, it could cause any intruder to flee, they may not have known you were home, remember your life is more important than your property.
9. Stopping for lunch, a drink or a cuppa whilst out, soaking up the sun, or going down to the sea, don’t drop your guard. If you don’t pay attention to your camera, mobile phone, sunglasses, purse or wallet and a thief sees this they will steal it.
10. **Social Media** – When using “Facebook” or other social media be wary of announcing to the world that you are away and your house is empty. Make sure your profile does not contain private information that would identify you or your address to a stranger.

Last bit of advice - Going on holiday? Cancel the milk and newspaper deliveries and look after each other, get a neighbour or friend to keep an eye on your property, ensure neighbours have contact numbers for a key holder and where possible let them park their car on your drive. Basically if you create the illusion that your house is occupied (TV simulator, lights and radio on timers) it is less likely to be broken into.



Local Information

Unlike a conventional bus, our F315 bus service requires some passengers to pre-book their seat and register as a customer at least two hours in advance of travel using either bookings@essexandsuffolkdart.co.uk or 01621 874411. These are passengers who wish to join the bus at Great Maplestead Church, Pebmarsh War Memorial or Pebmarsh Bus Shelter. These stops are shown in italics on the timetable. All other stops will be served within a twenty minute window of the times shown below. (10 minutes either side). They do not require pre-booking.

SUDBURY - BULMER - GESTINGTHORPE - WICKHAM ST. PAUL - <i>PEBMARSH</i> - GREAT AND LITTLE MAPLESTEAD - HALSTEAD								
F315								From 01/03/2018
Sudbury, Bus Station		9:00	11:00	13:00	15:30	17:30	19:15	
Ballingdon, Kings Head		9:03	11:03	13:03	15:33	17:33	9:18	Timings in BOLD are fixed timing points
<i>Bulmer Tye, Park Lane</i>		9:07	11:07	13:07	15:37	17:37	19:22	
Bulmer, Cross Roads		9:11	11:11	13:11	15:41	17:41	19:26	All timings in Italics need to be pre-booked
Gestingthorpe, Foundry Corner		9:17	11:17	13:17	15:47	17:47	19:32	
Wickham St Paul, The Victory		9:23	11:23	13:23	15:53	17:53	19:38	Timings other than those in bold type will vary up to 10 minutes either side of stated time, dependent on the number of passengers booked on the service.
Pebmarsh, Bus Shelter		9:32	11:32	13:32	16:02	18:02	19:47	
Pebmarsh, War Memorial		9:33	11:33	13:33	16:03	18:03	19:48	
Little Maplestead, Corner		9:39	11:39	13:39	16:09	18:09	19:54	
Great Maplestead, Church		9:45	11:45	13:45	16:15	18:15	20:00	
Little Maplestead, Pump		9:51	11:51	13:51	16:21	18:21	20:06	
Halstead, High Street		9:56	11:56	13:56	16:26	18:26	20:11	
Halstead, High Street		9:37	11:37	13:37	16:07	18:07	19:43	earliest arrival time
F315								From 01/03/2018
Halstead, High Street		7:30	10:00	12:00	14:00	16:30	18:30	
Little Maplestead, Pump		7:35	10:05	12:05	14:05	16:35	18:35	Timings in BOLD are fixed timing points
Great Maplestead, Church		7:41	10:11	12:11	14:11	16:41	18:41	
Little Maplestead, Cock		7:49	10:17	12:17	14:17	16:47	18:47	All timings in Italics need to be pre-booked
Pebmarsh, War Memorial		7:54	10:23	12:23	14:23	16:53	18:53	
Pebmarsh, Bus Shelter		7:55	10:24	12:24	14:24	16:54	18:54	Timings other than those in bold type will vary up to 10 minutes either side of stated time, dependent on the number of passengers booked on the service.
Wickham St Paul, The Victory		8:04	10:33	12:33	14:33	17:03	19:03	
Gestingthorpe, Foundry Corner		8:10	10:39	12:39	14:39	17:09	19:09	
Bulmer, Cross Roads		8:15	10:45	12:45	14:45	17:15	19:15	
Bulmer Tye, Park Lane		8:19	10:49	12:49	14:49	17:19	19:19	
Ballingdon, Kings Head		8:23	10:53	12:53	14:53	17:23	19:23	
Sudbury, Bus Station		8:07	10:37	12:37	14:37	17:07	19:07	
Sudbury, Bus Station		8:30	10:56	12:56	14:56	17:28	19:28	latest arrival time

Halstead Library

We no longer have a mobile library service in some of our villages. However Halstead library is open 9-5pm Monday, 9-6pm Tuesday, closed Wednesday, 9-6pm Thursday and 9-5pm Friday and Saturday and Sible Hedingham Library is open 9-1pm Monday, 1-5pm Tuesday, closed Wednesday, 1-5pm Thursday, closed Friday and 9-1pm Saturday. Further information is available on <http://libraries.essex.gov.uk>.

Local Information



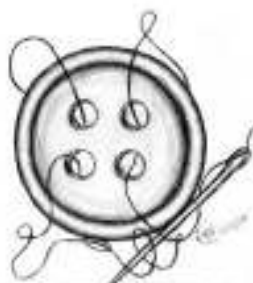
Bin it? No way!

May 19th Jun 16th Jul 21st

Saturdays, 9.30-11.30

Halstead Library

We throw away vast amounts of stuff, including things with almost nothing wrong, which could get a new lease of life after a simple repair.



The **Halstead Repair Café** is where you can bring items for sewing repair, get advice on how to repair things yourself, or even learn a new skill.

For help with mechanical and furniture repairs and restoration, contact Steve
01787 469390/07713521236
stevemendit@hotmail.com



repaircafehalstead@gmail.com



www.facebook.com/repaircafehalsteadessex



01787 462537

STOUR VALLEY SINGERS

Present

MIDSUMMER MAGIC

Conducted by Susannah Edom

With harpist Anne Chorley

St Andrews Church, Earls Colne

7.30pm Saturday 14th July

Tickets £10 Including wine and refreshments

Available at the door

Proceeds will be donated to Earls Colne Scout and Guide hut roof fund.

Judith and Rufus Sweetman retiring to North Norfolk

Rufus moved to 8 Stone Cottages, Great Maplestead in December 1978, and I joined him there in 1985 and we were married in 1990 at St Giles Church. We then moved just down the road to a new bungalow, Hopgrounds, where we lived until 2010 when I took up my current post of Priest in Charge at the The Box River Benefice, halfway between Sudbury and Hadleigh.

During our very happy years in Great Maplestead we made many lasting friendships. Rufus was a member of the Task Force, helping out around the village. He was also for a time on the Parish Council and took on the role of tree warden. He introduced a Churchyard Management Plan which was so commended that it was given as an example of good practice in a small publication on managing churchyards for conservation. Rufus was also instrumental in drawing to the attention of former Kew botanist, Edgar Milne-Redhead, the presence throughout the village and on the verge closest to Long Fen, of what were later confirmed to be native Grape Hyacinth (smaller and darker than the garden ones).

For myself, I became churchwarden, working happily with John Martin, and then trained to become Lay Reader to the benefice. Since moving to Boxford, Rufus has undertaken a great deal of church administration as well as running our household and much else. The time has now come for us to retire and we will be moving to Reepham in North Norfolk in August this year.

I would like to invite anyone who remembers us to my final service in the Box River Benefice. This takes place at St Mary's, Boxford on Sunday 29th July at 3pm, followed by tea and cakes in Boxford Village Hall. We would be delighted to see you if you can make it. Please let me know if you intend to come, by email rvdjudithboxriver@btinternet.com or tel. 01787 210091.

The Gardens of Easton Lodge



The Open Day is on the 22 July from 11.30-5pm, price £4.50 where we will have stalls, military vehicles and classic cars and children activities.

It will be a time to remember our Airmen operating from the neighbouring Dunmow Airfield in World War II.

Excitingly our dragon lily has flowered.

Parish Council Websites

Gestingthorpe	https://www.essexinfo.net/gestingthorpe/
Great Maplestead	http://greatmaplesteadpc.co.uk
Little Maplestead	http://littlemaplesteadpc.co.uk
Pebmarsh	http://parishcouncil.pebmarsh.com

District and County Councillors, MP and MEP

Essex County Council

Councillor David Finch - cllr.david.finch@essex.gov.uk

Braintree District Council

Great and Little Maplestead

Councillor John O'Reilly Cicconi - cllr.jo'reilly-cicconi@braintree.gov.uk

Gestingthorpe

Councillor Wendy Scattergood - cllr.wscattergood@braintree.gov.uk

Pebmarsh

Councillor Chris Siddall - cllr.csiddall@braintree.gov.uk

Councillor Gabrielle Spray - cllr.gspray@braintree.gov.uk

Westminster

James Cleverly MP - james.cleverly.mp@parliament.uk

European

John Flack MEP - john.flack@europarl.europa.eu

Ploughing Match

Greenstead Green & District Agricultural Club will be holding their annual ploughing match at Little Maplestead Hall on Saturday 29 September. For further details contact Ken Vince on 01376 325363 or 07850 579413.

The 9th July is nearly here, time for me to head off on my African adventure !! I would just like to thank all the people that have been so kind and generous this past 18 months.

Whether you have given me a job, donated, or given up your time by helping out and supporting the Big breakfasts. This wouldn't have been possible without you all and I really appreciate it.

Its been a long time coming and I can't wait to get to Kenya now.. I will check back in on my return in August to let you all know how i got on.... I'd be very grateful if you would think of me if you have any jobs going, I will have to start saving again !!!

Thank you !!!

Charlie Coy

Gestingthorpe

Litter Picking

The Parish Council are organising a village litter pick to be held on Saturday 14 July, 10.00 am start, meeting outside the Church/village hall. The village hall will be open for refreshments afterwards. Please can anyone interested in helping, contact David Smith at Church Farmhouse on 01787 460236, as David is co-ordinating litter pick and will need to know what equipment is to be provided for everyone. Please help to keep the village litter free.

Channel Sweeping

The next channel sweep is on Thursday 5th July. Residents are encouraged to park elsewhere on this date, so that Braintree District Council sweepers have clear access to the road channels.

The sweeper has a programmed route concentrating on main highways where there are kerbs. If there are any areas that require particular attention, please call BDC Customer Services Centre on 01376 552525 or e-mail csc@braintree.gov.uk at least one week in advance of the due visit.

June Plant Sale

Thank you to all who donated and brought plants to the recent Gestingthorpe Village Hall Plant Sale. A sum of over £150 pounds was raised to help with the cost of improvements to the village hall

Gestingthorpe Cricket Club

Despite getting off to a mixed start this season (losing two of their first three matches), they have staged a mini resurgence that has seen the lads posting wins in their last two games.

Fixtures for July

1 July Fyfield home 2pm

8 July Chappel and Wakes Colne home 2pm

15 July Charity Match home 2pm

22 July Castle Hedingham away 2pm

Further fixtures for the season can be seen on the club's new website (www.gestingthorpecricketclub.com)

The Club is always looking for new members and supporters, so please visit the website to get in touch or come and visit us at one of our matches.

Save the Date

On Sunday 16 September from 3pm onwards there will be an autumn gathering at the Homestead for charity.

More details to follow

More Gestingthorpe

Tuesday Talk - 24th July at 7.30pm



The next Tuesday Talk in Gestingthorpe village hall will be given by Jamie Spencer, the owner of Mr. Spencer's Flowers based in Clare.

Jamie will be sharing his story, demonstrating how to create natural, country arrangements using flowers from the garden and local suppliers, as well as giving us ideas and tips on how to make lovely flower arrangements. Please come along to what will be an enjoyable, informative and entertaining evening.

Jamie had been passionate about flowers for many years but had started out in a different artistic 'field'. After a long career in the music industry, managing some famous recording

artists and working at record companies during 2016 he found himself looking for a change in his work life. When living in London, he attended two floristry courses, one with Jane Packer and the other with Paula Pryke and was inspired. In January 2017 he set up Mr. Spencer's Flowers based in Clare.

The cost for the Tuesday Talk is £5 per person (to include a glass of wine or a soft drink) and the proceeds are for the improvement in the facilities of our village hall. To book your place please call either Chris Harman on 01787 462763 or Andy Craig on 01787 469687.

Pilates in Gestingthorpe

Pilates classes will be held in Gestingthorpe village hall at 6.30pm on Wednesday evenings. The first one hour class will be held on Wednesday 4 July.

Pilates is an exercise routine that helps strengthen your core, increasing your stability, flexibility and balance. It helps shape and tone and relieves stress and tension.

The classes will be suitable for all ages and abilities, men and women welcome. Class size is limited to 12 people.

For the first class there will be an introductory price of £5. After that the charge, payable up front, will be £40 for each 'block' of 5 classes.

Please come along and give Pilates a try. Contact Cathy on 07814 459683 or by E-mail Catherinepawseypilates@gmail.com for an enrolment form.

Braintree Area Foodbank

On behalf of our clients we would like to thank you for your generous support and ask that you help us with this urgent appeal for:

- Longlife Fruit Juice
- Instant Mash
- Tinned Rice Pudding
- Tinned Tomatoes
- Coffee (small jars)*
- Sugar

Other items for general stocks

- Cereal Bars
- Chocolate covered biscuits (eg KitKat, Penguins)
- Cereal (small packets only)*
- Packet Custard
- Sponge Puddings
- Tinned Vegetables
- Tea Bags (40s only please)*
- Rice (500g only please)*
- Shower Gel
- Antiperspirant/Deodorant

Pet food is also requested by some clients

* Please note: We often ask for small packs—Larger packs do not fit in our boxes and make it difficult for our clients to carry home. Also, we are unable (for hygiene reasons) to split large size or catering packs.

We have an abundance of Baked Beans, Chocolate spread, Peanut Butter and Toiletries so please, no more at the moment.

If you want to donate to our foodbank you can donate at Halstead, Witham and Braintree libraries during their opening hours. For further information see www.braintreearea.foodbank.org.uk/locations/

Dog Companion Required

We are hoping to find someone locally to look after our adorable elderly Spaniel while we are away on holiday. He is very good natured, not at all demanding. He just needs a kind, caring environment, two walks (not miles) each day but other than that no trouble at all. He is amazing for his age. He is rather deaf and somewhat blind but has a great nose!

Please contact Margaret 07913 464068 (Gestingthorpe) if you feel you can offer a good 'holiday' home for our lovely family dog.

More Pebmarsh

6. Remember to ring the emergency services on 999 and the Pebmarsh Vets volunteers on 01787 852300 so they can respond. The Pebmarsh VETS volunteers will always stand back and let the emergency services take over once they have arrived, unless they are instructed by the emergency services to do otherwise.
7. Please keep this advice close by the telephone, just in case of need.
8. If anyone would like a demonstration on the defibrillator then please contact either a member of the Pebmarsh VETS volunteer team directly or Perry Crimmins on 01787 269450 and we can arrange a group, private or one to one session to suit you.



COLNE VALLEY RAILWAY Summer Fun

**Open every Saturday and Sunday also Tuesdays and
Wednesdays during the school holidays
(from 24th July)**

8th July come and meet Bing and Flop

Come and enjoy our new Woodland Trail

Further information can be found at www.colnevalleyrailway.co.uk
Or 01787 461174

Ecclesiastical Insurance

Ecclesiastical Insurance will make a donation of £130 to our churches for every new home insurance policy taken out.

To take advantage of this offer call 0800 783 0130 or visit www.ecclesiastical.com/Trust130 for more information.

Little Maplestead

Litter Pick

Thanks to everyone who came, Jane and Bruce, Bill and Jane, Geraldine, Beverley and Kevin and Jenny and David. Particular thanks to Geraldine for the legendary pies and Ann for the fab brownies that we consumed afterwards. It was a great improvement on last year when we only had two people. We hope to do it again in October when we will be able to see into the ditches!!!!.



We now need to get Essex County Council to clear the A131.

Unsung heros

We must give great thanks to Betty Greenaway and Robert Baines who litter pick around the village for us. Betty does it every week, which is fab.

We must also thank Betty (again), Colin, Jane and Bruce who are scything and clearing the footpath that connects School Road and Cock Road. It was completely impassable. It isn't finished yet but the worst is done. All you walkers out there can now get through. There were concerns that we had giant hogweed, but it is just 4m high cow parsley.

The Flower Festival

Advance notice of our flower festival in the round church in September. See the advertisement in the magazine. Volunteers wanted and greatly appreciated to make cakes and help for an hour or two at the festival. Call Jane Stone on 01787 472525 or email her at jcstone29@hotmail.com

Local Women's Running Group

Meet us Sunday mornings at 9am at the Little India Car park in Little Maplestead, to run between 4 and 5km. Please contact laurabloom@btinternet.com or call/text Laura on 0780 174 9802 if you would like to come along and give it a try.

The Maplestead Show

There is a flyer in your copy of the magazine for the Maplestead Show in September in Great Maplestead village hall. Let's all join in and show Great Maplestead what we can do.

2018 Flower Festival

The Round Church



Little Maplestead CO9 2SL

'God's bountiful harvest'

Saturday 29th September 10am – 5pm*

Sunday 30th September 10am – 4pm

£2 entry, children free



Refreshments served all day



**Make sure you visit the Ploughing completion at Maplestead Hall on Saturday (opposite the church)*

More Pebmarsh

The 999 emergency services will not contact the Pebmarsh VETS on your behalf as their policies do not allow that at present. That may change in time but is not the case now for our area. Do not rely on the 999 emergency services to contact the Pebmarsh VETS in the event of you calling them.

Always contact the 999 emergencies services first by dialling 999 and where possible contact the Pebmarsh VETS to respond as well. Whilst waiting for the first responder to arrive administer CPR to the person.

CPR

To administer CPR follow the below simple steps:

1. Check for a pulse
2. Tilt the patient's head back and lift the chin
3. Pinch the nose and cover the patient's mouth with your mouth and breathe in life-giving air
4. If no pulse, start giving 30 compressions by pumping the chest. Put the heel of one hand on the centre of their chest and interlock your fingers. Begin to pump the chest hard and fast Don't worry about pressing down too hard as the chest needs to go down by at least 5cm for CPR to be effective
5. Give two rescue breaths after every 30 compressions

Once you have a defibrillator, quickly open it, switch it on and listen to the verbal instructions that will explain exactly what you need to do. If possible do not stop CPR whilst you open and listen to the instructions. AEDs can be used on anyone over the age of one. The machine will analyse the patient's condition automatically, providing you with verbal information and instructions on how to use the machine.

Using a Defibrillator

1. Take the pads from the sealed pack and remove or cut through any clothing on the patient's chest and wipe away any sweat.
2. Remove the backing paper and attach the pads to their chest.
3. Place one pad on their upper right side, just below their collarbone as shown on the pad and then place the second on their left side, below the armpit. The pads must be positioned lengthways with the long side in line with the length of their body.
4. As soon as you have done this, the AED will begin to check the patient's heart rhythm. Make sure that you or anyone else near to the patient is not touching them and continue to follow the verbal instructions until help arrives.
5. If the patient becomes responsive place them in the recovery position but leave the AED attached in case further shock is required.

Pebmarsh

Carpet Bowls Club

The next club meetings will be on the 4 July and the 1 August at 7pm in Pebmarsh village hall.

The Kings Head

The Pebmarsh Community Pub held its first AGM recently. The current management team were re-elected along with two new members to bring the team up to eight. They are all volunteers. Our team for the next year is John Flack, Chairman, Perry Crimmins, Jonathan Nott, Maud-May Cuthbert, Kate Stubbs, James Haylock, James Tucker and Peter Hele. If you would like any information or have any ideas for Pebmarsh Community Pub Ltd – please don't hesitate to contact any of the people mentioned, we're always open to new ideas. Also - please remember it's still a great idea to buy shares in the pub, a perfect gift for all occasions – and very reasonable at £50 per share to own a stake in the Kings Head.

PCP Ltd are currently in the process of organising some alterations and improvements at the pub. We are talking to our Shareholders and our tenants, Debbie and Stuart, about improvements to the internal layout to improve efficiency, provide better access facilities and improved loos for a better experience for our customers. The pub is also going to get a new roof in the Autumn, to continue to improve the building too.

The Monthly Quiz night has now got underway again, with quizzes held on the first Thursday of the month with Quizmaster Tim – please contact the pub on 267942 to book for the next quiz.

The Seniors lunches are also proving a great success on Tuesday and Wednesdays again please contact the pub for more details.

And finally – don't forget the pub stocks essential items for sale with bread, butter, milk, cheese, loo rolls, pet food, eggs, etc etc all available should you run out and not want to drive into town – pop into the pub during any opening hours to stock up.

Pebmarsh VETS

The Pebmarsh VETS are the group of volunteers who respond to an emergency call to 01787 852300 requesting local assistance in the event of a cardiac arrest. They are trained to use a defibrillator and will assist until the arrival of the 999 emergency services, which must be contacted first in the event of an incident. The VETS volunteers will only respond in the event of being called out via 01787 852300. To activate a call out from the Pebmarsh VETS you must dial 01787 852300. Your call will be then routed through ten households in and around Pebmarsh on the VETS system and accepted by the first Pebmarsh VETS volunteer able to respond and attend.

Great Maplestead

The Maplestead WI

President Carol Brownlie warmly welcomed everyone, including our speaker Joanne Hunt, to our meeting on Thursday 7 June. Secretary Janice Chaplin read the minutes of the previous meeting, various items of correspondence and then birthday flowers were presented.

Carol then introduced Jo who came to talk to us about Aromatherapy and all its benefits. Jo passed round small bottles of essential oils, for people to smell, that had various properties to help people over things ranging from anxiety to muscle aches and pains. Jo explained that most oils could be used directly but for economy it helped to use one drop of oil in a carrier such as coconut oil. A number of our ladies tried the "Deep Blue" gel to alleviate their joint problems and aching muscles. All in all an informative and much enjoyed evening. Rachael Haylock gave the vote of thanks and invited Jo to join us for refreshments. Connie Hume won flower of the month with a beautiful pink peony.

The entertainment for our next meeting on Thursday 5 July will be 'Helles Belles', a punk type of Morris dancing - very different to your normal Morris Men! We will start the evening with a meet and greet glass of Pimms. Tea, coffee and refreshments will be served during the evening, which will cost £4.

For further information please telephone Carol Brownlie on 01787 461527
Anne Fletcher

The Maplesteads Autumn Show - Saturday 15 September

All residents of Great and Little Maplestead should find the flyer showing the schedule for the forthcoming Autumn Show in this month's magazine.

We hope that you find something of interest and that you will enter this year's Autumn Show to ensure its success.

The Autumn Show is a non-profit making organisation and relies on the support of both villages.

If you have not received a schedule further copies are available in both churches.

If you require further information please contact Carol Brownlie on 01787 461527. The Maplesteads WI

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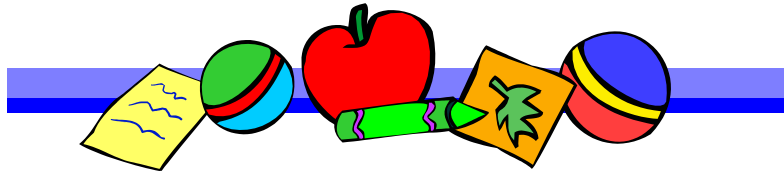
and extra sockets

**Larger work also
undertaken**

**Ryan: 01787 212352/
07981 528948**

More Great Maplestead

Maplestead Youth Club would like to invite Year 6 children living in The Maplesteads



to our taster evening
"JULY JOLLY"

an evening of fun, games, competitions and more!

Date: Wednesday 4th July

Time: 7pm-9pm

Place: Village Playing Field (Village Hall if wet)

Our youth club meets once a month with an organised activity for the evening, we charge £2 to enter and drinks and snacks are available to buy. Youths need to be aged 11-16 years and at secondary school to participate. Our next event, Maplestead Masterchef will take place in September. (Please see Parish mag. and village notice boards for details). If you know of anyone eligible who has not received an invite or have any queries, please contact

Myra Jeggo on 01787 474285.

Maplestead Magna Miglia

Navigational Scatter

on

Sunday 22nd July 2018

starting and finishing at the Village Hall

Enjoy a quiet drive in the country, answer a few easy questions, possibly win a prize and then partake of a friendly lunch!

Maximum of 12 teams only; maximum of 4 participants/team

Entry: £7.50/person.

Breakfast/briefing at 9.15am; start 10.00am; lunch & prize-giving 1.00pm.

E-mail participation requests to steve198harris@gmail.com by 15th July latest

For more information contact Steve Harris (01787 462 818)

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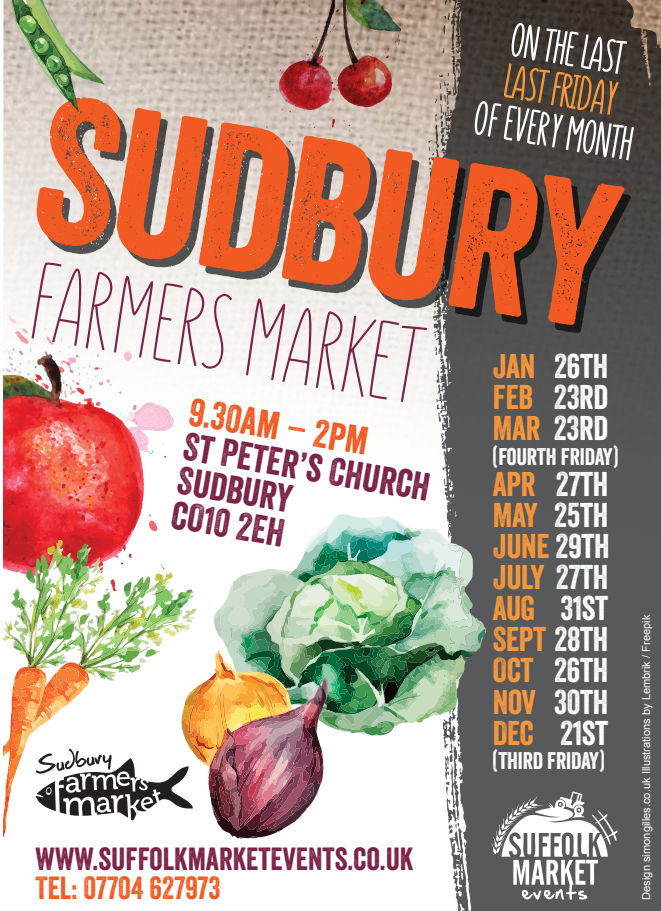
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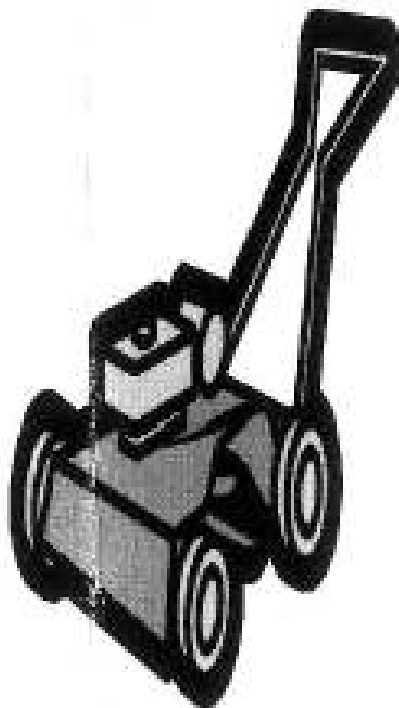
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