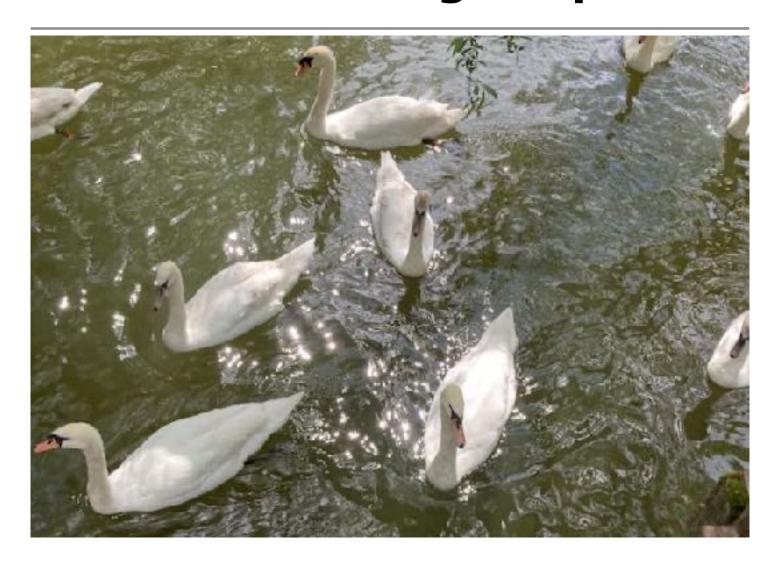
# Parish News

## Great and Little Maplestead Pebmarsh and Gestingthorpe



#### Village contacts and information

Reverend Beverley Vincent can be found on page 32 and the churchwardens on page 30. Village Emergency Telephone Service and Neighbourhood Watch representatives see page 30 Magazine copy see page 32

	page 32		
Parish Clerks			
Gt Maplestead	Ann Crisp	01787 460216	anncrisp@greatmaplesteadpc.co.uk
Lt Maplestead	Ann Harris	01787 462818	littlemaplesteadparishclerk@gmail.com
Gestingthorpe	Kevin B Money	07810 781509	gestingthorpepc@gmail.com
Pebmarsh	Shelley Boydell	07927 775989	pebmarshparishclerk@gmail.com
The Maplesteads			
WI	Carol Brownlie	01787 461527	carolbrownlie@gmail.com
WEA	Jill Newton		gilliannnewton4@gmail.com
Autumn Show	Carol Brownlie		carolbrownlie@gmail.com
Gt Maplestead			- 3
Task Force	Martin Elms	01787 461421	martinelms@greatmaplesteadpc.co.uk
Village Hall	Liz Newton		lizatlucking@hotmail.com
Playing Field	Joe Newton		lizatlucking@hotmail.com
Mixed Ability Yoga	Victoria Ashworth		justinashworth@hotmail.co.uk
Pilates	Catherine Pawsey		catherinepawseypilates@gmail.com
Dance & Keep Fit	Judy Cowell		judy.cowell@btinternet.com
Carpet Bowls	Janice Chaplin		bobandjanicechaplin@btinternet.com
Youth Club	Myra Jeggo		m.jeggo@sky.com
Gestingthorpe	Myra Jeggo	01707 474203	III.Jeggo@sky.com
Village Hall	Steve Bagby	07840 367182	
Village amenities	Nick Duncan	01787 313558	
Tower bell ringing	Valerie Fullman	01787 462755	
Cricket Club	Nick Duncan	01787 313558	
Football Club	C'II Walak	01707 501036	
History Society	Gill Webb	01/8/ 581836	gillwebb880@gmail.com
Pebmarsh			
<b>Pebmarsh</b> Village Hall	Jonathan Nott	01787 269231	jonathannott44@hotmail.com
<b>Pebmarsh</b> Village Hall Dog Training	Jonathan Nott Halstead Dog Club	01787 269231 01787 473154	jonathannott44@hotmail.com halsteaddogclub@hotmail.co.uk
Pebmarsh Village Hall Dog Training Card making	Jonathan Nott Halstead Dog Club Pauline Andow	01787 269231 01787 473154 01787 228790	jonathannott44@hotmail.com halsteaddogclub@hotmail.co.uk
<b>Pebmarsh</b> Village Hall Dog Training	Jonathan Nott Halstead Dog Club Pauline Andow Pauline Andow	01787 269231 01787 473154 01787 228790 01787 228790	jonathannott44@hotmail.com halsteaddogclub@hotmail.co.uk
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#### Letter from the editor



Welcome to June and we are all looking forward to celebrating the Queen's Platinum Jubilee. All of our villages are having events it will be a lovely time. Fingers and toes crossed for the weather. I am looking forward to the Little Maplestead celebrations.

A couple of my usual pleas, it would be good if anyone was interested in sponsoring our cover in colour at the grand cost of £40.00 for one issue. The magazine looks so much better with a colour cover, as you will see if you look at the electronic one on our website <a href="www.knights-hospitallers.org.uk">www.knights-hospitallers.org.uk</a>.

Also, I am seeking a replacement editor as I will be retiring at the end of the year and it is always good to have some sort of handover. Please let me know if you would be interested.

It is not difficult, I have a brilliant team, who collect copy, chase advertisers and deliver the magazine so all I do is put it together. I use a word processing package, nothing fancy and it only tales a few hours once a month.

I took the cover photo this month. I went on a 5mile walk around the water meadows in Sudbury and met rather a lot of swans.



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## **Letter from the Reverend Beverley Vincent**

I hope as you receive this magazine you are preparing to join in with the Jubilee celebrations. I am reminded of the words declared by Princess Elizabeth on her 21st birthday address on 21st April 1947 "I declare before you all that my whole life whether it be long or short shall be devoted to your service". These words are being fully lived out in practice by Her Majesty

We who benefit are now preparing to celebrate her 70 years of dedicated service. Even at this young age she realised that she could not undertake this role without support, and called on each of us to help her:

"But I shall not have the strength to carry out this resolution alone unless you join in it with me, as I now invite you to do: I know that your support will be unfailingly given".

Over seven decades on from this invitation, the long weekend of Thursday 2nd-Sunday 4th June is also an invitation to show support to her Majesty, and to live out her ideal of loving each other in practical acts of service. We have so many opportunities in our villages to gather and be as one community together, thank you for all the ways in which you will serve one another - be it arranging beautiful flowers in church, running the hog roast, making and buying cakes, serving in a kitchen, helping at a street party, making fancy dress costumes or making scarecrows...the list is endless and varied. In particular, thank you for when you reach out to a neighbour to ensure that each of us feels invited and included in this wonderful chance to celebrate together.

"God help me make good my vow, and God bless all of you who are willing to share in it".

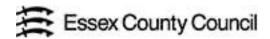
Gracious God, we give you thanks for the reign of your servant Elizabeth our Queen and for the example of loving and faithful service which she has shown among us. Help us to follow her example of dedication and to commit our lives to you and to one another through Jesus Christ our Lord.

Enjoy your celebrations and the community spirit we will experience, but let that spirit continue as we strive to love one another always.

Rev'd Beverley



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Unlike a conventional bus, you need to first register as a customer and you need to book your seat on a journey at least two hours in advance of travel.

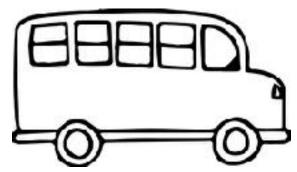
Flat fare £2.50 single, £4 return between any two stages. Concessionary bus passes are accepted after 0900 Monday to Friday and all day on Saturdays.

To get more information call Essex DaRT on 01621 874410 or email info@essexandsuffolkdart.co.uk.

The latest timetables for the DaRT service at <a href="https://www.essex.gov.uk/dart">www.essex.gov.uk/dart</a> is incorrect.

SUDBURY - BULMER - GESTINGTHORPE - WICKHAM ST. PAUL - PEBMARSH - GREAT AND LITTLE MAPLESTEAD - HALSTEAD

SUDBURY - BULMER - GESTIN	GTHORPE	- WICKHAM	ST. PAUL -	PEBMARSI	7 - GREAT	AND LITTLE	MAPLES	TEAD - HALSTEAD
F315								From 01/03/2018
Sudbury, Bus Station		09:00	11:00	13:00	15:30	17:30	19:15	
Ballingdon, Kings Head		09:03	11:03	13:03	15:33	17:33	09:18	Timings in BOLD are
Bulmer Tye, Park Lane		09:07	11:07	13:07	15:37	17:37	19:22	fixed timing points
Bulmer, Cross Roads		09:11	11:11	13:11	15:41	17:41	19:26	All timings in Italics
Gestingthorpe, Foundry Corner		09:17	11:17	13:17	15:47	17:47	19:32	need to be pre-booked
Wickham St Paul, The Victory		09:23	11:23	13:23	15:53	17:53	19:38	
Pebmarsh, Bus Shelter		09:32	11:32	13:32	16:02	18:02	19:47	Timings other than those in
Pebmarsh, War Memorial		09:33	11:33	13:33	16:03	18:03	19:48	bold type will vary up to 10
Little Maplestead, Corner		09:39	11:39	13:39	16:09	18:09	19:54	<ul><li>minuites either side of stated</li><li>time, dependent on the</li></ul>
Great Maplestead, Church		09:45	11:45	13:45	16:15	18:15	20:00	_ number of passengers booked
Little Maplestead, Pump		09:51	11:51	13:51	16:21	18:21	20:06	on the service.
Halstead, High Street		09:56	11:56	13:56	16:26	18:26	20:11	latest arrival time
Halstead, High Street		09:37	11:37	13:37	16:07	18:07	19:43	earliest arrival time
F315								From 01/03/2018
Halstead, High Street	07:30	10:00	12:00	14:00	16:30	18:30		
Little Maplestead, Pump	07:35	10:05	12:05	14:05	16:35	18:35		Timings in BOLD are
Great Maplestead, Church	07:41	10:11	12:11	14:11	16:41	18:41		fixed timing points
Little Maplestead, Cock	07:49	10:17	12:17	14:17	16:47	18:47		All timings in Italics
Pebmarsh, War Memorial	07:54	10:23	12:23	14:23	16:53	18:53		need to be pre-booked
Pebmarsh, Bus Shelter	07:55	10:24	12:24	14:24	16:54	18:54		_
Wickham St Paul, The Victory	08:04	10:33	12:33	14:33	17:03	19:03		Timings other than those in
Gestingthorpe, Foundry Corner	08:10	10:39	12:39	14:39	17:09	19:09		bold type will vary up to 10
Bulmer, Cross Roads	08:15	10:45	12:45	14:45	17:15	19:15		minuites either side of stated
Bulmer Tye, Park Lane	08:19	10:49	12:49	14:49	17:19	19:19		<ul> <li>time, dependent on the</li> <li>number of passengers booked</li> </ul>
Ballingdon, Kings Head	08:23	10:53	12:53	14:53	17:23	19:23		on the service.
Sudbury, Bus Station	08:07	10:37	12:37	14:37	17:07	19:07		earliest arrival time
Sudbury, Bus Station	08:30	10:56	12:56	14:56	17:28	19:28		latest arrival time



#### **Little Maplestead**

We can collect drugs, search the internet if you do not have a computer, or just be a friendly voice on the other end of the phone. If you or others you know feel may need support please contact one of us.

Please contact Bill Piper on 01787473933, Jane Stone on 01787472525, Gemma Frost on 07826523187

#### Queen's Platinum Jubilee Celebrations.

Little Maplestead Village celebration for the Queens Platinum Jubilee in the playing field.



All are welcome to the wine and cheese evening incorporating the lighting of beacon on Thursday 2 June at 7.30-10 pm.

On Sunday 5 June, there will be a village Picnic incorporating a Hog Roast.

Everyone is welcome to the picnic, but the Hog roast will only be available with a ticket. Most houses in the village have been called on and tickets have been given out, but if you are planning to attend, and do not have a ticket, please phone Bill Piper on 01787 473933.

Please bring your own picnic and drinks. There will be some tables and chairs provided, but there may not be enough for everyone, so please feel free to bring your own.

Don't forget about the cake decorating competition, also the best decorated front garden, and childrens Royal theme fancy dress.

Looking forward to seeing you all there!!.

## **More Little Maplestead**

#### **Queen Elizabeth Platinum Jubilee**

What can I do to Celebrate the Queens Platinum Jubilee?.



You could do any or all of the following with a Royal theme:

Make and or decorate a cake competition.

Make and or decorate a cake, bring it along to the Sunday Hog Roast on 5 June in the playing field. There will be two classes.... Adults and Children. The cake could then be shared with the village!.

Childrens fancy dress competition.

Dress up your children, and come along to the Hog roast on 5 June. Where they will be judged!.

Decorate your front garden competition.

Decorate your garden, and there will be a voting box at the Hog Roast, so your garden will be judged by the rest of the Village!

If you just want to be waited on, Get you Husband/Wife or Partner to prepare a picnic, and pack drinks (don't forget bottle opener) and just roll up into the Playing field on Sunday 5 June at 1 pm, and share a hog roast with the Village.

It is as simple as that!!

## **More Little Maplestead**

#### The Plant Sale

We had the most wonderful weather for our Annual Plant Sale at the Round Church on 14th May. The crowds turned out in force and the tea stall was back in full swing. We raised the amazing total of just over £1160 for the church which exceeded all our expectations and made the hard work worthwhile.

I would like to thank every single person who took the time to grow plants and make cakes, as well as help out on the day. Without you this event could not happen and I am so grateful to be surrounded by a very special group of helpers. An extra big thank you must go to the amazing Shelia who provided so many of the plants, which she and Peter started delivering at 6am on the morning. She then went home and baked the most amazing cakes, cheese straws and hot sausage rolls which flew off the tea stall! As if that wasn't enough Sheila then spent the rest of the morning helping out with the plants and offering valuable advice to our visitors. We could not have made such a success of this without her and we are very grateful. Thank you everyone!



#### **Nature Notes**



I had a lovely surprise at the end of April, when a singing goldcrest visited the garden. They are common enough but not often seen as they are tiny (the UK's smallest bird) and the song is very high pitched and out of the range of hearing for many. It is a wheezy-wheezy sequence with a flourish at the end – once described as the noise made by a fairy's bicycle pump!

Another surprise was the appearance of a pair of stock doves at the bird table, or rather on the grass below the bird table, waiting on spillage from the finches and tits. This species is also fairly common but nowhere near as abundant as the much larger woodpigeon. It lacks the bold white wing-bars and neck patches of the latter, but is compact, sleek and has a distinctive double-coo call. They love to breed in the boxes put up for owls, rather disappointing those hoping for more glamorous tenants.

The turtle doves have returned to Pebmarsh, although I have yet to see them. My friend there has heard them, and her neighbour has seen them, but so far they are proving elusive. I heard about them last year and saw photographs, but they had departed before I could get a glimpse. As reported last year, it is a real treat to have these birds in our area as they are now scarce throughout the country.

A bright yellow flower on a roadside verge was identified by my 'Picture This' App as greater celandine. A little reading revealed it was cultivated from the first century, when the Roman natural historian Pliny the Elder recorded it in his 37-volume natural history encyclopaedia. It has medicinal properties for treating stomach upsets, constipation and loss of appetite. Caution is urged however as it is highly toxic above moderate doses. So much history in a humble weed.



The hottest day of the year at the time of writing occurred on the 17th May, with 24oC in the afternoon. Sensing an opportunity I deployed the moth trap, with satisfying results. Forty species were counted next morning, four of which turned out to be new for the garden. A large handsome black and white specimen turned out to be an Alder Moth that had presumably fed as a caterpillar on my neighbour's alder. Surprising really that it had taken so long to see one. The other was a Dark Spectacle, a nettle feeder but not common. I love the name; it sounds like a James Bond villain.

#### **Patch Patroller**

## **Great Maplestead**

## **Great Maplestead Volunteer Network**

Just to let you know that the Great Maplestead Coronavirus Volunteer Support Network is still up and running.

If you would like any help please do not hesitate to contact me by phone on 01787 461002 or 07773 627897, or by e-mail at jacqui.mee62@gmail.com

#### **Coffee at St Giles**

Come to the Wednesday Coffee Mornings the Tower Room at St. Giles. We'll be serving from 10.30am until noon – outdoors if it's warm enough, in the church if not. Also twice a month after the St. Giles services on the 2nd and 4th Sundays. Please come along and join us if you can.

#### **Cafe Church - St Giles**

An informal service for community and reflection. Please join us on Sunday 8th May at 10.30am where the theme will be 'Hope', our speaker Jan Bettley with an update on UK Aid in the Ukraine and everybody has the opportunity to paint a rock to either take home or leave at church.

## The Maplesteads Autumn Show – Saturday 10 September 2022.

You will receive a copy of the schedule for this year's Autumn Show in next month's Parish Magazine.

If you don't receive a schedule, hard copies will be available from either St Giles' or the Round Church. Versions will also be posted on both the villages' websites.

As well as all the usual competition categories for adults and children there will also be an all-ages competition for the Tallest Sunflower. Now is the time to plant your sunflowers – you can either grow your own or take a look in the plant stand in St. Giles' churchyard.

All you need to do to enter is register with Jo Green: send an e-mail with your name and address, and with the heading #maplesteadsunflowers, to Jo at jo@stgreenbuilders.co.uk and she will send you further details.

The results will be announced at the Autumn Show.

The Chairman Carol Brownlie has asked that any trophies from last year's Show be returned to her.

Carol can be contacted on 01787 461 527

or e-mail - carolbrownlie@gmail.com

## **Gardening Corner**

This month is where we see the splendour of summer bedding plants, the vibrant hot colours brightening many a patio and garden. Feeding is advisable, especially for hanging baskets; these can need watering twice daily in hot weather. A liquid feed once a week will keep annuals and tender plants in fine fettle until early autumn. Also, remember to dead head regularly.



My plant suggestion this month is

Camassia. These tall elegant plants have a blue flower spike and I particularly like the variegated leaf type. Although at its best last month, this plant makes a welcome addition to any border. I find a heavy mulch with home-made compost is sufficient to maintain this spectacular bulb growing perennial.

In the vegetable garden, plant out courgettes and marrows and tie in runner beans as necessary – there are always a few tendrils which refuse to cling to their canes without help. If you grow outdoor tomatoes keep an eye on them for blight. I have mentioned this before but tomatoes and potatoes grown in proximity to each other in a vegetable garden can lead to cross infection.

Although we should now be safe from night frosts, it's always a good idea to have some horticultural fleece standing by in case there is a particularly cold night forecast; fleece draped over tender plants provides an amount of protection sufficient to avoid substantial damage.

Herbs can be a welcome addition to a garden and I would suggest the following as fairly easy 'starters':

- mint any variety, but do grow it in a container as it loves to spread if left to its own devices
- thyme again there are a number in stock at most garden centres
- basil this can be grown in a pot on the kitchen window sill

Keep all three well-watered and you will have herbs to hand for several months of the year.

Enjoy the longer daylight hours in your garden

Happy Gardening

The Arborist

## Gestingthorpe

## **Support in Gestingthorpe**

Please if you are self isolating, or scared, or lonely or need any help please contact Carrie on 07872 170277 or Helen on 07793 402297 if you live in the Church Street, Sudbury Road and Nether Hill area and Nic 07908445239, Penny 07840 367172 or Kate 07771 535523 for the Audley End, Moat Street and outlying areas. The village is there to help you.

## **Gestingthorpe 'Gathering' Coffee Mornings.**

Our coffee mornings during June and July will be held on the Fridays of 17th June then 1st, 15th and 29th July. All Friday 'gatherings' start at 10am and run until 12 noon.

We are sure you are all looking forward to the Platinum Jubilee celebrations and one of the events will be tea, cakes and savouries in the village hall from 10am until 2 pm on Friday 3rd June. Please come along and enjoy. More details are shown in the separate article about the Platinum Jubilee long weekend.

Our coffee mornings that are held on alternate Fridays are continuing to be enjoyed by all. If the weather is warm and dry we will put a table outside so you can hear the birdsong.

It is great to see so many regulars and some new faces at our 'gatherings' and to hear the buzz and laughter between everyone enjoying a chat with their friends over a hot or cold drink and delicious home baked cakes.

If you haven't yet been to a coffee morning; please come along. We would love to see you and guarantee a warm welcome.

#### **Skittles**

Our skittles evenings have now stopped for the summer. They will recommence in the autumn evenings. That doesn't mean you have to stop practising! Playing skittles in your garden with family and friends on a summer's evening can be a lot of fun.

### Village hall

You will have seen the current and ongoing work for the new roof of our village hall. We are pleased that during the work we have been able to keep the hall open for everyone and we will try and continue to do so.

As with old buildings there have been a few surprises, maybe I should say shocks! Unfortunately there is a lot more work needed than anticipated; some quite expensive. The extra work could only be seen once the roof had been stripped and cement rendering removed. We had expected areas of hidden rot and, yes, we found that.

#### **More Gestingthorpe**

## More village hall

We weren't expecting to find the need to take out and replace brickwork to rebuild the insides of the parapet walls plus have to replace quite a few coping stones on the parapets. Safety is paramount, so all coping stones have been removed to be replaced later on. We are determined that our village hall will be safe and secure and watertight for generations to come.

Whilst we had budgeted carefully for the work and had a 'built in cushion for contingencies' the additional necessary work means that our village hall funds are now under extreme pressure.

Once the roofing work is complete and we have had a chance to arrange fund-raising events we hope for everyone's help and support for our village hall by them coming along to as many events as possible. We look forward to seeing you.





## **More Gestingthorpe**







Please join us for the 1st official lighting of our new beacon.

Funded by public subscription, and crafted by our village blacksmith, Richard Nice.

9:30pm (beacon to be lit at 9:45pm)
2nd June 2022
Outside St Mary the Virgin Church,
Gestingthorpe



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## **More Gestingthorpe**



You are invited to

# THE GREAT GESTINGTHORPE JUBILEE TEA PARTY





## **More Gestingthorpe**



#### **Pets Corner**

My name is Mac and I'm an eleven-year old Connemara horse. My owner, Sophie, and I have been together for just over a year and, with the help of our coach, we competing on show-jumping courses up to 105cm!

I come from a hunting background but my new owner isn't into that so I'm becoming an allrounder and having a much easier life, with more variety.



In December Sophie and I completed a 12-mile Essex Bridleway Association ride in Epping Forest with my friend Bambi – we only had to cross roads rather than going along them and having to dodge cars. Sophie's told me there's been a change in the rules and drivers now have to overtake us at a maximum speed of 10mph and give us 2 metres of space. I haven't noticed many people giving us that space and slowing down, so I'm not sure if anyone has read the new rules. It would be a good idea if they did...

We've also been to the Cross Country course at Stratford Hills near Colchester, where we came 6th, and been show-jumping at Codham Park and Frenches Farm, where we won lots of rosettes and edible prizes – yum!

Sophie and I recently competed in our first One-Day Event at Ickworth Park, getting a good dressage score and having a clear round in the show-jumping! After some encouragement I also agreed to go round the cross-country course and Sophie was very proud of me. Some of the jumps were a bit weird though – we don't practice jumping wooden sofas with cushions at home!

We are hoping to do some more One Day Events soon. Sophie and I enjoy the show-jumping part most; being in the arena with all the attention on us – it's quite funny!

Earlier this year we qualified for the second round of the Pony Club Spring Festival at Easton College. Sadly I had a pole down in the jump-off, so we just missed out on going to the final at Arena UK. I could have been on TV – if only Sophie had told me beforehand! My friend Bambi qualified but she told me the National competition fences were huge so I felt better about staying at home – I didn't fancy the 4.00am start anyway...

I can sometimes be quite cheeky, stopping at jumps and making Sophie fall off. Of course it's mainly to do with her, not me (it's never my fault!) but I can't help myself; it's the Connemara in me...

I live with my pony friend, Tigger. He's always trying to get me into trouble with Sophie and can be quite annoying at times but I love him really. He likes bossing me about and gets the hump if he doesn't get brought in from our field first.

Mac Breed – Great Maplestead

#### **Pebmarsh**

## **Support in Pebmarsh**

Pebmarsh Volunteers continue to be here for you during the pandemic. If you need anything, such as if you're isolating/quarantining and need help to collect prescriptions or with shopping, get in touch with Kate Carling (Phone: 267 924) and she will put you in touch with your village Volunteer.

## St John the Baptist Church, Pebmarsh

Once again I find myself writing this months report for the parish magazine with the aid of my favourite cat lying across my desk singing gently. He quite clearly thinks I need all the help I can get and he is not wrong. As we move into summer and the Swallows and House Martins return, I have noted that so far this year our Swifts have not returned to the church and sadly we are made more aware of the big decline in numbers everywhere.

We have had our Gift Day and despite the rain that day people came to see us and donated to the church, it was lovely to catch up with people and we are very grateful to all who gave generously in person and online, we raised £820.00 and this figure will increase once gift aid has been claimed back. As church wardens Jim and I are always looking for ways to raise funds for the church and ways to make it more accessible to the community. If anyone has any suggestions for events that they would like to see happen please let us know, I already have several people asking me to organise another rounders match (without the rain), which I hope to do at the end of the summer so watch out for the date in the magazine.

This month we also heard the sad news that Brian Corder of Pebmarsh had sadly passed away and our condolences go out to his family. He had lived and worked in the village for many years and many of you will remember seeing him and his friend George walking to Colne Engaine or Wickham St Pauls for a drink at the pub.

Sadly they are both no longer with us.

His funeral was held at Wickham St Paul Church.

As I sign off from myself and my cat until next month, when hopefully I will have some dates for your diary for events happening in Pebmarsh. Hope you all have a good Jubilee weekend.

Our next services for Pebmarsh will be 12th June 9.30 am Holy Communion and 26th June 11am Morning Worship.

Sarah Burgess Church Warden

#### **More Pebmarsh**

## The King's Head Pebmarsh - Spring & Summer Updates

We are delighted to invite you to "save the date" for the return of our annual PCPL community celebration over the weekend of 22-24 July. There will be live music, Open Mic, art and crafts stalls, garden inflatable for children, Morris dancers, BBQ and festival menu. The annual "Bit of a Do" will also be taking place on the Pebmarsh football ground over this weekend - so why not take in both?

Ryan, Abigail and Cathy will be running a number of events over the Summer months, to which everyone is warmly invited:

- Spring Bank Holiday Queen's Jubilee
   Thursday 2 June Garden Street Party with High Tea (£15)
   Friday 3 June Live music with "Bluprint" & fancy dress
- 22/23/24 July PCPL Summer Festival
- Summer Bank Holiday 27-29 August look out for event updates

As always, further details and the latest updates about events at the King's Head can be found on the pub website https://www.kingsheadpebmarsh.co.uk or Facebook page @kingsheadpebmarsh. For bookings call 01787 267942. We hope to see you at the King's Head over the coming months.



## **Portuguese Codfish Cakes**

#### **Ingredients:**

- 1 cod fillet (around 250 grs without skin or bones)
- 1 potato around 200 grs
- 1 medium onion peeled and finely chopped
- 1 large clove of garlic peeled and minced
- 3 teaspoons of olive oil
- 3 tablespoons finely chopped parsley (I use scissors to chop in a cup)
- 1 large egg (separated)
- Cayenne pepper or paprika to your liking
- Black pepper to your liking
- Vegetable oil (I use sunflower oil)

#### Method:

Boil the cod, preferably steamed (it absorbs less water) then mince finely with your fingers.

Using a small frying pan, sauté the chopped onions and garlic in the olive oil over a moderate heat until softened and cooked. Mix in the chopped parsley.

Boil the potato until cooked (about 20 minutes) then leave it to drain well. Puree the potato finely (I use a potato ricer). Now mix in the minced cod, onion mixture, egg yolk, paprika and black pepper.

Whisk the egg white to firm soft peaks and then fold lightly into the cod mixture.

Use 2 dessert spoons or larger, depending on the size of the cakes you want, to shape the mixture into the shape of a little egg and place them on a tray. Refrigerate until you are ready to fry them.

Finally, in a frying pan heat the vegetable oil to a moderate heat and fry the cod fish cakes in batches, turning them over until dark golden in colour.

Bon appetite! As they say in Portugal.

#### Fernando Castro - Great Maplestead

## **Hedingham Heritage Society**

During the summer months do please join us on a number of guided walks and learn more about the history, buildings, landscape and flora and fauna of the Essex/Suffolk landscape.

Sunday 12th June – Clare Town Walk – 2.00pm



Explore the unique townscape of 'Suffolk's smallest town' with Derek Blake MBE, local historian and chair of 'Clare walkers are welcome town.' Meet at 1.45pm in the Clare Country Park car park – CO10 8NW.

Sunday 17th July - The Margery Allingham walk - 10.30am

A circular walk of about 5 miles around the author Margery Allingham's village of Chappel. Meet beside the second largest brick-built structure in the country and wander through Chalkney Wood, with its unique plant and insect species.

Meet 10.15am in the Viaduct car park, Chappel – CO6 2DD.

Sunday 7th August – The Naze Walk –10.30am

A wildlife and history walk around the Naze at Walton with naturalist and wildlife photographer, Liz Huxley. Fossils, war fortifications and the stunning Naze environment are all part of this 4-mile walk.

Meet 10.15am at the Naze car park, Walton-on-the-Naze - CO14 8LE.

Lifts/shared transport are available for all walks. For further details and to book a place contact:

Rob Worley 01787 460 664

Trudi Cullum 01787 462 889

Peter Bayes 01787 469 953

The Heritage Society's indoor meetings at the Memorial Hall, Castle Hedingham will restart again on:

September 1st – 'The Story of Essex in Rocks' – 7.30pm: 180 million years ago, during the age of the dinosaurs, Essex was an island fringed by coral reefs. Gerald Lucy from the Essex Rock and Mineral Society will tell us more about the primeval origins of our local environment.

All walks and talks: Members free/non-members £5. All Welcome.

Reach us by e-mail at: hedinghamheritage@gmail.com or via our website: https://www.hedinghamheritage.org/

**Hedingham Heritage Society - Summer 2022** 

#### **Local information**

**Solar Society** will make every effort to restart their meetings when it is appropriate.

Programme to be announced.

In the meantime, take care everybody.

Further info from Miles Scrivens 01787-469766 or Wanda Sellar 01787 463449.

**Local Women's Running Group**: laurabloom@btinternet.com or on 07801 749802

**Local Libraries**: Halstead and Sible Hedingham Libraries, libraries.essex.gov.uk.

**Four Parishes Book Group**: Alison Cantor. 01787 462537 or acantor@linus.plus.com

**Sudbury Area Cancer Support Group**: Ruth Worsley on *ruth-SACSG@outlook.com* 

The U3A Halstead: u3asites.org.uk/halstead/welcome

The U3A Sudbury: u3asites.org.uk/sudbury/home

**U3A Braintree**: u3asites.org.uk/braintree/events

Halstead & District Photographic Society: www.halsteadphoto.org.uk

**Gestingthorpe History Society**: www.gestingthorpehg.co.uk

**Community Agents**; Community-based support for an ageing population: <a href="https://www.communityagentsessex.org.uk">www.communityagentsessex.org.uk</a>.

The Empire Theatre Halstead: www.empire-theatre.co.uk

Halstead and District Local History Society: www.halsteadhistory.org.uk.

**The Hedingham Singers**: Bob Lilley on 07790 573435 or <a href="https://www.thehedinghamsingers.com/">www.thehedinghamsingers.com/</a>.

Sudbury Newstalk: www.sudburynewstalk.co.uk or 01787 468535.

## **Hedingham Medical Centre**



The Castle Hedingham surgery is triaging all patients so please phone 01787 461465. Do not go to the surgery. The surgery is open from 11.00 - 13.00 and 14.00 - 18.00 Monday to Friday to collect pre-ordered prescriptions. Their website is www.hedmed.co.uk.

#### **Local and National Authority Representatives**

#### **Essex County Council**

Councillor Peter Schwier - cllr.peter.schwier@essex.gov.uk

#### **Braintree District Council**

#### **Great and Little Maplestead**

Councillor Peter Schwier - cllr.pschwier@braintree.gov.uk

#### Gestingthorpe

Councillor Wendy Scattergood - cllr.wscattergood@braintree.gov.uk

#### **Pebmarsh**

Councillor George Courtauld- cllr.gcourtauld@braintree.gov.uk Councillor Gabrielle Spray - cllr.gspray@braintree.gov.uk

#### Westminster

James Cleverly MP - james.cleverly.mp@parliament.uk

#### **Parish Council Websites**

Gestingthorpe	www.gestingthorpepc.co.uk
Great Maplestead	www.greatmaplesteadpc.co.uk
Little Maplestead	www.littlemaplesteadpc.co.uk
Pebmarsh	www.parishcouncil.pebmarsh.com

## **Village Emergency Telephone Service (VETS)**

VETS provide support when a defibrillator is required although the first action must be a 999 call. The telephone numbers of the village VETS are:

Little Maplestead 01787 852252 Gestingthorpe 01787 852850

## **Neighbourhood Watch representatives**

Gestingthorpe	Helen Skerratt	01787 237297
Great Maplestead	Ian Johnson	01787 461109
Little Maplestead	Bill Piper	01787 473933

#### The Churchwardens serving our Benefice are

Great Maplestead	Gill Peskett Jill Newton		gillpeskett43@gmail.com gilliannewton4@gmail.com
Little Maplestead			
Gestingthorpe	Alice Nolda Peter Nice	01787 469688 01787 460126	- peter.427nice@btinternet.com
Pebmarsh	•	07957870340 01787 269092	jim@craystonfarms.co.uk sarahburgess@btinternet.com

## **Church Services in May 2022**

Friday 3 June	10am Thanksgiving Service	Great Maplestead
Sunday 5 June	9:30am Holy Communion 9.30 Morning Prayer 11am Holy Communion	Great Maplestead Gestingthorpe Little Maplestead
Sunday 12 June	9.30 Holy Communion 11am Holy Communion 11am Cafe Church 4pm Order of St John Evensong	Pebmarsh Gestingthorpe Great Maplestead Little Maplestead
Wednesday 15June	10am Holy Communion	Gestingthorpe
Sunday 19 June	10am Benefice Holy Communion	Great Maplestead
Sunday 26 June	9:30am Morning Worship 9:30am Morning Prayer 11am Morning Worship 4pm Compline	Great Maplestead Little Maplestead Pebmarsh Gestingthorpe
	10:30 am Holy Communion	St Andrew's Halstead

All are welcome to our services. Our churches are open for private prayer during the day, if you need any information please contact the churchwarden.

**a** secure



## Urgent: Food Items: Instant Mash Coffee Squash (Small) Non-Food Items: Laundry Detergent (Liquid or Pods) Nappies Size 5 and 6 To Maintain Stocks: Chocolate Bars Jam Cold Meat Juice Tea Bags (No Larger Than 80) Tinned Spaghetti Packet Soup Instant Noodles

#### Coming up and save the date

Coffee in St Giles Wednesday Mornings 29 May/5 June Great Maplestead Scarecrow trail 2 June Jubilee beacons in Little Maplestead, Great Maplestead and Gestingthorpe

3 June Celebration Supper and Dance in Great Maplestead, Garden Street Party in Pebmarsh and a Jubilee Tea Party in Gestingthorpe 4 June FunFitFab in Gestingthorpe

5 June Hog Roast in Little Maplestead, It's a Royal Knockout in Great Maplestead and the Big Jubilee Lunch in Gestingthorpe 17 June Gestingthorpe Coffee Mornings 12 June Hedingham Heritage Society Meeting Pebmarsh Social Club, Pebmarsh Ladies Club and Youth Club

#### Copy

Editor	Jenny Bishop	07906 083999	pmeditor@icloud.com
Gestingthorpe	Andy Craig	07970 395640	andy@mdamarketing.com
Gt Maplestead	Ann Harris	01787 462818	ann66harris@gmail.com
Little Maplestead	Beverley Bratley	01787 473281	beverley.bratley@gmail.com
Pebmarsh	Luke Brown	07919 375341	lhwbrown@hotmail.co.uk

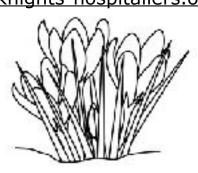
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This magazine is now available electronically on the parish council web sites and the Parish News website

#### **Parish News Website**

The Parish News website is a gateway to our four villages and their churches. The website address is:

www.knights-hospitallers.org.uk



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